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Important media information

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Race week media center

Hilton Chicago
720 S. Michigan Ave., Chicago
Continental Ballrooms

Phone: 1.312.294.6708

Media Center hours of operation / Press conference schedule

Thursday, October 10	Media center hours	10 a.m. - 5 p.m.
	Kick-off press conference	11 a.m.
Friday, October 11	Media center hours	10 a.m. - 5 p.m.
	Elite athlete press conference	11 a.m.
Saturday, October 12	Media center hours	10 a.m. - 3 p.m.
	Media availability with Executive Race Director and Medical Director	1:30 p.m.
Sunday, October 13	Media center hours	6 a.m. - 4 p.m.
	Champions' press conference	10:30 a.m. (approx.)
	Post-race media availability with Executive Race Director	11:30 a.m. (approx.)
	Post-race media availability with Executive Race Director and Medical Director	2:30 p.m.

Media center press services

Event media representatives and race information will be available in the media center throughout race weekend. The media center will be open to credentialed members of the working media during the listed hours of operation.

Media dining

Beverage service will be provided throughout race weekend in the media center. Lunch will be served following the Thursday press conference. Breakfast and lunch will be served on race day. Dining will be held in Continental Ballroom C, located next to the media center.

Operational services

Wireless internet and modems will be available in the media center for members of the working press beginning Thursday, October 10 through Sunday, October 13.

High-resolution photos and additional media materials will be available to the media for download at chicagomarathon.com/mediamaterials.

A web-based runner tracking system will be available on race day to monitor split timing for the elite race. Internet connectivity is required for viewing. To access in-race timing, follow the instructions below:

1. Log on to www.chicagomarathon.com/pressresults
2. Enter user name: chicago
3. Enter password: pressroom

Interviews

Elite athletes will be available for interviews on Friday, October 11, following the 11 a.m. press conference. Please submit any specific interview requests to the media team prior to the Friday press conference to confirm time with athletes.

Interviews will not be permitted at the start or finish lines on race day with any media outlet except official event broadcast partners. The men's and women's champions, other top finishers, and Executive Race Director Carey Pinkowski will be available to the media following the race in the media center.

Race day services

- The NBC 5 Chicago broadcast will air live in the media center on race day from 7 to 11 a.m.
- Direct video feeds of the men's and women's races will accompany the live broadcast in the media center to provide complete, uninterrupted coverage of the race.
- A web link will be provided to track the leaders during the race. The live results page will include a race leader board, as well as 5K split times for the race leaders.
- Printouts of split times will be provided to working media throughout the race, and official race results will be distributed shortly after the completion of the race.
- The top finishers and top American athletes in both the men's and women's (open and wheelchair) races will address the media in the media center following the completion of the race. Additional interviews with athletes will be available upon request. Please submit those requests to the media team before the finish of the race.
- On race day, Executive Race Director Carey Pinkowski will offer a brief address at approximately 11:30 a.m. in the media center. At 2:30 p.m. both Pinkowski and Medical Director Dr. George Chiampas will offer a report of the day's events and be available for questions from the media.

Post-race information

A race recap, photos and race results will be available following the race on chicagomarathon.com.

Downloadable race results can be accessed by following these directions after the conclusion of the elite race:

1. Go to chicagomarathon.com/pressresults
2. Enter username: `chicago`
3. Enter password: `pressroom`
4. Search results by category (e.g. city, state, country)

If you have any trouble with the website or downloadable results, see a member of the media team for assistance.

Race week schedule of events

Thursday, October 10

10 a.m. – 5 p.m.	Media center hours <i>Hilton Chicago, Continental Ballrooms</i>
11 a.m.	Kick-off press conference <i>Hilton Chicago, Continental Ballrooms</i>
12 p.m.	Media luncheon <i>Hilton Chicago, Continental Ballrooms</i>

Friday, October 11

10 a.m. – 5 p.m.	Media center hours <i>Hilton Chicago, Continental Ballrooms</i>
9 a.m. – 8 p.m.	Abbott Health & Fitness Expo <i>McCormick Place, North Building, Hall B</i>
11 a.m. – 12 p.m.	Elite athlete press conference <i>Hilton Chicago, Continental Ballrooms</i>
12 – 1 p.m.	Elite athlete cluster interviews <i>Hilton Chicago, Continental Ballrooms</i>

Saturday, October 12

7:30 a.m.	Advocate Health Care International Chicago 5K <i>Daley Plaza (50 W. Washington Street)</i>
10 a.m. – 3 p.m.	Media center hours <i>Hilton Chicago, Continental Ballrooms</i>
9 a.m. – 6 p.m.	Abbott Health & Fitness Expo <i>McCormick Place, North Building, Hall B</i>
1:30 p.m.	Media availability with Executive Race Director Carey Pinkowski and Medical Director Dr. George Chiampas <i>Hilton Chicago, Continental Ballrooms</i>

Sunday, October 13

6 a.m. – 4 p.m.	Media center hours <i>Hilton Chicago, Continental Ballrooms</i>
7 – 11 a.m.	670 The Score Sports Radio live broadcast
7 – 11 a.m.	NBC 5 and Telemundo Chicago live broadcast
7 a.m. – 3 p.m.	Live streaming on nbcchicago.com and telemundochicago.com
7:20 a.m.	Men's wheelchair start <i>Grant Park (Monroe St. & Columbus Dr.)</i>
7:21 a.m.	Women's wheelchair start
7:22 a.m.	Handcycle start
7:23 a.m.	Athletes with Disabilities start
7:30 a.m.	Wave 1 start
8 a.m.	Wave 2 start
8:35 a.m.	Wave 3 start
8:45 a.m.	Wheelchair men's champion finish (approx.)
9 a.m.	Wheelchair women's champion finish (approx.)
9:35 a.m.	Overall men's champion finish (approx.)
9:50 a.m.	Overall women's champion finish (approx.)
10:30 a.m.	Champions' press conference (approx.) <i>Hilton Chicago, Continental Ballrooms</i>

11:30 a.m.	Media availability with Executive Race Director Carey Pinkowski (approx.) <i>Hilton Chicago, Continental Ballrooms</i>
2:30 p.m.	Media availability with Executive Race Director Carey Pinkowski and Medical Director Dr. George Chiampas <i>Hilton Chicago, Continental Ballrooms</i>
9:30 a.m. – 4 p.m.	Biofreeze 27th Mile Post-Race Party <i>Grant Park, Butler Field</i>

Quick facts

2018 Bank of America Chicago Marathon champions

Open men: Mo Farah, GBR, 2:05:11

Open women: Brigid Kosgei, KEN, 2:18:35

Wheelchair men: Daniel Romanchuk, USA, 1:31:34

Wheelchair women: Manuela Schär, SUI, 1:41:38

Bank of America Chicago Marathon course records

Open men: Dennis Kimetto, KEN, 2:03:45 (2013)

Open women: Paula Radcliffe, GBR, 2:17:18 (2002)

Wheelchair men: Heinz Frei, SUI, 1:26:56 (2010)

Wheelchair women: Tatyana McFadden, USA, 1:39:15 (2017)

World records set at the Bank of America Chicago Marathon

Men

Khalid Khannouchi, MAR, 2:05:42 (1999)

Steve Jones, GBR, 2:08:05 (1984)

Women

Paula Radcliffe, GBR, 2:17:18 (2002)

Catherine Ndereba, KEN, 2:18:47 (2001)

American records set at the Bank of America Chicago Marathon

Men

Khalid Khannouchi, 2:07:01 (2002)

Women

Joan Benoit Samuelson, 2:21:21 (1985)

** Official results as of September 2019. Result standings are subject to change in accordance with International Athletics Association Federations (IAAF) Anti-Doping Rules and Regulations.*

Bank of America Chicago Marathon by the numbers

People

Finishers in 2018.....	44,610
Largest finisher field (2018).....	44,610
Finishers since 1977.....	829,972
Anticipated Abbott Health & Fitness Expo attendees	140,000
Race day volunteers	12,000
Medical personnel.....	1,500
Course marshals	400
Massage therapists	400
Media credentials.....	200
Estimated on-course spectators	1.7 million
International runners.....	12,000
Charity Runners	10,000
Nike Pace Team Pacers.....	100

Geography

Official Chicago Neighborhoods (on course)	29
Countries Represented.....	135
U.S. States Represented	50

Food and beverages

Aid stations	20
Gatorade Endurance Formula (gallons).....	48,000
Water (gallons).....	60,000
Gatorade Endurance Energy Gels.....	50,400
Simple Truth tube almonds.....	47,000
Simple Truth tube cashews	47,000
Simple Truth applesauce pouches.....	47,000
Simple Truth Cereal bars.....	53,000
Simple Truth breakfast cookies.....	53,000
Apples.....	55,000

Charity Program

Charity Teams	170
Charity Dollars Raised in 2018	\$22.7 million
Charity Dollars Raised since 2002	\$208.2 million

Other materials

Official programs	75,000
Spectator guides	120,000
Street pole banners	450
Port-a-potties.....	1,500
Safety pins	200,000
Water cups.....	1.3 million
Gatorade cups.....	1.1 million
Heat sheets	41,000

Top storylines

Defending Champions Return to the Bank of America Chicago Marathon

Sir Mo Farah, Brigid Kosgei, Daniel Romanchuk and Manuela Schär will return to the start line in Grant Park to defend their Bank of America Chicago Marathon titles. Farah, a four-time Olympic gold medalist in the 5000m and 10,000m, dismantled the European record in his Chicago Marathon debut to both capture the crown and run the eighth fastest time in Chicago's history, 2:05:11. Kosgei wowed fans in 2017 with a second place finish and a new personal best, but she made an even bigger impression last fall, running a solo effort to the finish to clock the third fastest time in Chicago's history, 2:18:35 (only Paula Radcliffe and Tirunesh Dibaba have run faster). She continued setting records this spring when she won London, running a new PR, 2:18:20. As of September 9, 2019, she is the seventh fastest woman in the history of marathon running. More recently, she ran an impressive world best in the half marathon, 1:04:28.

Romanchuk seized his first Abbott World Marathon Major (AbbottWMM) win in Chicago last fall, and he has been collecting victories ever since. He finished 2018 by becoming the first American male and the youngest athlete to win the wheelchair competition at the New York City Marathon. He welcomed 2019 with a runner-up finish in Tokyo and a pair of crowns at both the Boston and London marathons. The London Marathon doubled as the World Para-athletics Marathon Championships, so Romanchuk added "marathon world champion" to his long list of accomplishments.

Schär amassed her sixth consecutive AbbottWMM victory in London, so she will enter this year's race as the reigning champion of the Berlin, New York, Tokyo, Boston and London marathons. She is the fastest female marathon racer of all time with a 1:28:17 personal best. Schär spent five years on Chicago's podium as either the runner-up (four times) or third-place finisher (once), but that all changed last fall when she crushed a talented field by almost two minutes to win her first Chicago Marathon.

Strong American Field Showcases Depth of U.S. Running

The Bank of America Chicago Marathon includes a strong American field led by 2017 Chicago Marathon champion Galen Rupp and the second fastest American woman in history (2:20:57), Jordan Hasay. Joining them on the line are 25K American record holder Parker Stinson, the top American finisher in 2016, Diego Estrada, crowd favorite Noah Droddy and 2:13 marathon runner Brendan Gregg. The women's field includes 2018 U.S. marathon champion Emma Bates, 2019 U.S. half marathon champion Stephanie Bruce, 2:29 runner Lindsay Flanagan and 2:32 runner Taylor Ward.

Elite Athlete Mentor Program: Second Annual Partnership between the Bank of America Chicago Marathon and the University of Illinois at Urbana-Champaign

In a push to highlight professional para-athletes, to recognize the legacy of the University of Illinois at Urbana-Champaign wheelchair sports program and to pass the baton to the next generation of para-athletes, the Bank of America Chicago Marathon introduced the Elite Athlete Mentor Program in 2018. The program pairs six elite para-athletes from the University of Illinois team with six Chicago area children and teenagers with permanent disabilities who are interested in para-sports. The mentors and mentees will compete together race weekend at the Advocate Health Care International Chicago 5K.

Increased prize money for wheelchair field

Elite Athletes in the professional wheelchair competition will compete for an increased prize purse in 2019. The total prize purse for the men and women in 2018 was \$98,500, and the total prize purse in 2019 is \$134,500. The winner's prize purse alone has increased from \$15,000 to \$20,000. Competitors who place in the top 10 are eligible for prize money. This year's competition also features the inclusion of a new category for results and prize money for athletes classified as T51/T52.

Abbott World Marathon Majors (AbbottWMM) Series XIII Kicks Off in Chicago Race Week

Abbott World Marathon Majors (AbbottWMM) Series XII will wrap up at the BMW-Berlin Marathon, resetting the leaderboards to prepare for AbbottWMM Series XIII to kick off at the 2019 Bank of America Chicago Marathon. At press time, reigning Olympic champion and world record holder Eliud Kipchoge (KEN); 2018 Bank of America Chicago Marathon and 2019 London Marathon champion Brigid Kosgei (KEN); world record holder and 2018 Berlin, Chicago and New York and 2019 Tokyo, Boston and London champion Manuela Schär (SUI); and 2018 Chicago and New York and 2019 Boston and London champion Daniel Romanchuk (USA) all topped the leaderboards.

"We are excited to start AbbottWMM Series XIII with strong elite fields across the board, and in a city we are so proud of," said Executive Race Director of the Bank of America Chicago Marathon, Carey Pinkowski. "It has been incredible to watch the overall growth of the AbbottWMM since its founding in 2008, and to see its positive impact on raising the profile of elite running while also inspiring thousands of runners to become Six Star Finishers."

The 2019 Bank of America Chicago Marathon will Host the USA Paralympic Team Trials

The Bank of America Chicago Marathon will host the wheelchair division of the 2020 U.S. Paralympic Team Trials Marathon on Sunday, October 13. The top two American men and women across the line that meet the qualifying standard will be nominated to the team. This is Chicago's second time hosting the Trials – it hosted the 2016 U.S. Paralympic Team Trials in 2015.

"We are thrilled to be hosting the U.S. Paralympic Team Trials again," said Pinkowski. "So many of our best U.S. athletes are coached by Adam Bleakney at the University of Illinois so hosting the trials in Chicago is like a hometown race for our future Paralympians. It's going to be a competitive race up front with everyone focused on 2020."

Bank of America Chicago Marathon prize purse Open division men/women

1st.....	\$100,000
2nd.....	\$75,000
3rd.....	\$50,000
4th.....	\$30,000
5th.....	\$25,000

Wheelchair division men/women

1st.....	\$20,000
2nd.....	\$15,000
3rd.....	\$12,000
4th.....	\$7,000
5th.....	\$5,000
6th.....	\$3,000
7th.....	\$2,000
8th.....	\$1,500
9th.....	\$1,000
10th.....	\$750

American division men/women

1st.....	\$20,000
2nd.....	\$15,000
3rd.....	\$12,000
4th.....	\$7,000
5th.....	\$5,000
6th.....	\$3,000
7th.....	\$2,000
8th.....	\$1,500
9th.....	\$1,000
10th.....	\$750

Illinois division men/women

1st.....	\$3,000
2nd.....	\$2,500
3rd.....	\$2,000
4th.....	\$1,500
5th.....	\$1,000

Masters division men/women

1st.....	\$2,000
2nd.....	\$1,750
3rd.....	\$1,500
4th.....	\$1,250
5th.....	\$1,000

Total prize purse:\$841,500

Time bonuses

Open division men

Course record: 2:03:45.....\$75,000

Open division women

Course record: 2:17:18\$75,000

Wheelchair division men

Course record: 1:26:56.....\$5,000

Wheelchair division women

Course record: 1:39:15.....\$5,000

Participant demographics

Female/male breakdowns by age group

Gender	Description	Percentage of field
M.....	16 to 19.....	0.26%
M.....	20 to 24.....	1.86%
M.....	25 to 29.....	5.87%
M.....	30 to 34.....	7.90%
M.....	35 to 39.....	8.70%
M.....	40 to 44.....	8.37%
M.....	45 to 49.....	7.51%
M.....	50 to 54.....	5.8%
M.....	55 to 59.....	3.34%
M.....	60 to 64.....	1.87%
M.....	65 to 69.....	0.71%
M.....	70 to 74.....	0.27%
M.....	75 to 79.....	0.05%
M.....	80 Years and Over...	0.02%
Total.....		52.53%

Gender	Description	Percentage of field
F.....	16 to 19.....	0.31%
F.....	20 to 24.....	2.96%
F.....	25 to 29.....	7.90%
F.....	30 to 34.....	7.91%
F.....	35 to 39.....	7.85%
F.....	40 to 44.....	7.66%
F.....	45 to 49.....	5.72%
F.....	50 to 54.....	3.91%
F.....	55 to 59.....	2.05%
F.....	60 to 64.....	0.85%
F.....	65 to 69.....	0.28%
F.....	70 to 74.....	0.08%
F.....	75 to 79.....	0.01%
F.....	80 Years and Over...	0.00%
Total.....		47.47%

Male average age..... 41.3 years

Female average age..... 38.4 years

Participants by country/territory

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Aaland Isalnds	-	-	-	-	-	-	1	-	-	-	-
Afghanistan	1	-	9	-	-	1	1	-	-	-	-
Albania	-	-	7	-	1	3	3	2	2	1	1
Algeria	-	-	7	-	-	-	1	-	-	-	-
American Somoa	1	-	2	-	-	1	1	-	-	-	-
Andorra	4	1	1	1	-	-	1	-	2	1	-
Antartica	-	-	-	-	-	-	1	-	-	-	-
Angola	3	1	-	5	-	1	-	-	1	1	-
Anguilla	-	-	-	-	-	2	-	-	-	-	-
Antigua & Barbuda	-	1	-	-	-	-	2	1	3	3	1
Argentina	290	303	266	136	84	111	92	69	53	48	39
Armenia	2	1	1	-	-	-	-	-	-	1	-
Aruba	5	5	3	7	5	3	6	-	-	-	2
Australia	491	351	287	141	101	140	198	125	87	66	66
Austria	65	46	48	28	44	37	49	28	44	26	38
Azerbaijan	-	-	-	1	-	-	-	-	-	-	-
Bahamas	20	9	15	12	5	2	5	13	3	10	9
Bahrain	-	3	2	-	-	-	-	-	-	-	-
Bangladesh	1	-	3	1	-	1	2	2	-	1	1
Barbados	-	16	3	-	14	4	-	5	19	2	2
Belarus	13	2	15	2	-	5	4	4	1	2	2
Belgium	122	126	92	65	40	71	48	62	66	82	62
Belize	-	-	2	2	1	1	3	-	-	-	1
Benin	-	1	-	-	-	-	-	-	-	-	-
Bermuda	21	21	-	22	14	1	8	4	10	18	12
Bhutan	-	-	1	-	-	-	-	-	-	-	-
Bolivia	9	6	10	2	1	3	4	5	3	2	3
Bosnia/Herzegovina	6	-	2	-	-	-	-	1	1	-	-
Botswana	1	-	-	-	1	1	-	-	-	-	-
Brazil	1,201	1,209	1,156	489	444	493	567	440	317	356	291
British Indian Ocean Territory	1	-	-	-	-	-	-	-	-	-	-
Brunei	-	-	1	-	-	-	-	-	-	-	-

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Bulgaria	6	8	11	1	2	4	7	4	3	4	4
Burkina Faso	-	1	-	-	-	-	-	-	-	-	-
Burundi	-	-	-	-	-	-	-	-	-	-	1
Cameroon	-	-	1	-	-	3	-	1	-	-	-
Canada	1,813	1,777	1,369	1,138	1,225	1,189	1,761	1,395	1,250	1,092	997
Cape Verde	-	-	1	-	-	1	-	-	-	-	-
Cayman Islands	15	21	4	40	25	1	9	16	18	13	11
Chad	-	-	40	-	-	-	-	-	-	-	-
Chile	318	239	233	134	111	90	131	-	136	62	50
China	1,057	1,347	1,352	555	294	221	80	89	29	32	32
Christmas Island	-	1	-	-	-	-	-	-	-	-	-
Colombia	390	361	301	230	250	214	259	173	89	110	89
Costa Rica	503	471	522	374	447	212	384	293	236	124	145
Côte d'Ivoire	-	1	-	-	-	-	-	-	-	-	-
Croatia	7	14	13	4	1	5	7	8	2	-	1
Cuba	-	-	2	-	-	-	1	-	-	-	-
Cyprus	17	4	3	-	-	-	-	-	2	-	-
Czech Republic	16	28	19	10	13	21	16	8	17	7	4
Denmark	134	106	91	101	68	83	100	86	-	135	66
Djibouti	-	-	-	-	-	-	1	-	-	-	-
Dominican Republic	159	158	159	87	90	67	30	63	-	14	48
Ecuador	138	133	72	85	59	59	72	62	-	91	57
Egypt	6	-	5	1	4	1	1	3	-	1	1
El Salvador	55	41	22	40	27	25	32	4	-	6	3
Eritrea	1	-	-	-	-	-	1	2	1	1	-
Estonia	6	5	29	4	4	4	9	4	6	1	-
Ethiopia	-	6	2	-	7	3	1	-	3	2	-
Faroe Islands	10	4	-	4	-	-	-	-	-	-	-
Fiji	-	-	-	-	-	-	-	-	-	-	1
Finland	56	34	30	21	24	23	18	23	19	7	5
France	418	381	467	344	257	370	384	335	395	301	339
France, Metropolitan	36	-	-	-	-	-	-	-	-	-	-
French Polynesia	2	1	-	-	3	-	3	2	9	-	-

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Gabon	-	-	-	-	-	-	-	-	-	-	1
Gambia	-	-	-	-	-	1	2	1	-	-	-
Georgia	1	-	-	1	-	3	-	-	1	-	1
Germany	744	566	491	291	169	297	311	248	240	280	296
Ghana	1	1	2	-	-	3	1	-	-	1	-
Gibraltar	3	3	-	1	1	1	2	1	-	1	-
Greece	25	24	27	5	3	8	9	2	24	4	1
Greenland	1	-	-	-	-	-	-	-	-	-	2
Grenada	2	-	-	-	-	1	-	-	-	-	-
Guadeloupe	3	3	-	-	-	-	-	-	-	-	-
Guam	3	-	-	-	2	1	-	-	-	2	-
Guatemala	219	205	159	279	153	150	193	90	174	80	106
Guernsey	-	-	-	-	-	1	-	-	-	-	-
Guyana	-	-	1	-	-	1	2	-	-	-	-
Haiti	-	-	1	-	-	1	5	3	1	1	3
Honduras	34	39	104	36	19	25	14	11	2	1	5
Hong Kong	476	481	298	162	89	47	35	13	16	6	10
Hungary	18	18	13	7	13	16	9	3	6	6	8
Iceland	43	18	18	42	15	10	8	10	36	18	7
India	163	128	415	40	25	273	157	138	136	97	132
Indonesia	292	292	189	110	34	22	5	5	7	2	1
Iran	-	-	12	-	-	3	4	3	-	-	2
Iraq	-	-	-	-	-	2	1	-	-	-	-
Ireland	255	204	237	79	76	176	142	91	102	105	249
Isle of Man	-	-	-	1	-	-	-	-	-	-	-
Israel	12	19	12	6	6	13	9	15	6	11	5
Italy	635	453	334	190	382	259	217	159	173	168	183
Jamaica	4	5	6	8	4	1	-	2	5	15	1
Japan	373	286	383	216	236	423	302	265	242	241	192
Jordan	2	-	4	2	-	2	-	-	-	-	1
Kazakhstan	20	3	5	1	-	-	-	-	2	2	-
Kenya	23	34	15	4	8	15	12	5	4	5	10
Korea, Dem. People. Rep	1	1	1	-	-	-	-	-	-	-	3

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Korea, Republic of	153	93	98	26	22	44	31	29	81	42	56
Kosovo	-	-	1	-	-	-	-	-	-	-	-
Kuwait	5	2	-	-	-	-	-	-	-	1	-
Kyrgyzstan	3	-	-	-	-	-	-	-	-	-	-
Latvia	15	7	9	3	-	6	1	-	3	-	-
Lebanon	-	7	3	-	1	2	2	-	4	-	-
Liberia	-	-	1	-	-	-	1	-	-	-	-
Liechtenstein	2	-	2	-	-	-	-	-	-	-	-
Lithuania	19	13	31	1	10	25	15	12	12	20	13
Luxembourg	16	9	10	4	1	1	2	3	3	-	2
Macau	21	26	-	-	-	1	-	-	1	2	-
Macedonia	9	-	-	1	-	2	-	1	-	1	1
Madagascar	-	4	1	-	-	-	-	1	-	-	-
Malawi	-	-	2	-	-	3	2	-	-	-	-
Malaysia	102	57	35	16	26	27	8	11	-	10	5
Maldives	1	1	2	-	-	-	-	-	-	-	-
Mali	-	-	-	-	-	-	-	1	-	-	-
Malta	4	-	-	2	-	2	-	-	1	2	-
Martinique	1	-	-	1	-	1	-	-	-	-	-
Mauritius	-	-	4	-	-	-	-	-	-	-	-
Mauritania	2	-	-	-	-	-	-	-	-	-	-
Mexico	2,652	2,225	2,546	1,738	1,899	2,280	2,375	1,767	1,495	1,475	1,108
Micronesia	-	1	1	-	-	-	1	-	-	-	-
Moldova	1	2	1	1	2	-	1	1	-	-	1
Monaco	2	-	-	-	-	48	2	-	1	1	-
Montenegro	-	-	-	-	-	2	-	-	-	-	-
Mongolia	-	1	5	1	-	-	-	-	-	-	1
Morocco	89	43	-	3	29	8	6	2	1	2	8
Namibia	5	2	2	1	-	-	1	-	-	-	1
Nepal	3	-	11	2	2	11	5	3	1	-	-
Netherlands	273	260	220	100	76	105	81	50	84	80	34
Netherlands Antilles	2	1	-	5	2	-	-	-	-	-	-
New Caledonia	-	-	-	-	-	-	-	-	1	-	-

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
New Zealand	85	42	64	31	17	43	46	31	17	23	16
Nicaragua	9	25	25	13	9	3	4	2	2	3	3
Niger	-	-	-	-	-	-	-	1	-	-	1
Nigeria	9	14	11	4	4	7	6	2	3	6	7
Norway	141	120	59	40	37	25	35	16	20	14	18
Oman	3	-	-	-	-	-	-	-	-	-	-
Pakistan	2	-	9	1	1	4	2	1	3	3	2
Palau	-	4	-	-	-	-	-	-	-	-	-
Palestine	3	4	3	4	-	-	-	-	-	-	-
Panama	94	83	21	89	85	36	58	40	32	38	31
Paraguay	20	37	14	2	12	17	-	2	2	1	-
Peru	171	128	160	90	70	48	44	33	36	23	13
Philippines	231	105	243	107	58	103	81	59	33	43	34
Poland	204	159	179	73	65	99	79	54	61	39	50
Portugal	56	45	60	20	28	7	16	43	10	25	25
Puerto Rico	210	148	31	124	140	79	45	204	71	99	82
Qatar	10	13	-	-	1	-	1	1	-	1	1
Reunion	2	4	-	-	-	-	-	-	-	-	-
Romania	16	5	23	9	12	19	9	15	3	11	13
Russia	338	226	135	71	53	53	39	19	8	17	7
Saint Helena	-	-	-	1	-	-	1	-	-	-	-
Saint Lucia	-	-	-	1	-	-	1	1	-	-	-
Saint Pierre and Miquelon	-	-	-	-	-	3	-	-	-	-	-
Saint Vincent and the Grenadines	-	-	-	-	-	1	1	-	-	-	-
Saudi Arabia	6	-	4	1	-	2	2	1	1	-	-
Senegal	-	-	1	-	-	-	-	1	-	-	-
Serbia and Montenegro	24	12	13	-	6	4	2	2	-	2	1
Singapore	166	120	50	60	47	29	20	24	12	8	13
Slovakia	21	25	31	16	7	13	6	9	11	3	3
Slovenia	27	30	-	8	11	13	13	13	6	4	1
South Africa	145	72	77	32	52	58	37	30	43	36	28
Spain	557	385	454	271	243	248	178	87	160	159	93

Country	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Sri Lanka	1	-	2	-	-	-	2	-	-	3	1
Sudan	1	-	1	-	-	1	-	-	-	-	-
Suriname	1	1	-	-	-	-	-	-	-	-	-
Svalbard & Jan Mayen	-	-	-	-	-	2	-	-	-	-	-
Swaziland	-	-	3	-	-	26	-	-	-	-	-
Sweden	237	140	126	101	72	117	104	41	44	53	27
Switzerland	272	210	145	119	111	43	97	82	56	58	79
Syria	-	-	2	-	1	-	-	-	-	-	-
Tanzania	-	-	8	-	-	1	1	1	-	-	-
Tawain, Province of China	424	295	270	120	65	72	12	17	5	7	3
Thailand	320	109	18	14	7	7	4	7	10	5	6
Togo	-	-	-	-	-	1	1	-	-	-	1
Trinidad & Tobago	9	6	4	2	11	12	5	15	6	3	7
Tunisia	3	-	-	-	-	1	-	1	-	-	-
Turkey	19	17	20	25	13	7	14	6	7	10	5
Turks & Caicos Islands	1	1	-	-	-	4	-	2	-	-	1
Uganda	1	2	2	-	1	2	1	2	1	1	2
Ukraine	120	62	47	23	5	18	3	8	4	5	9
United Arab Emirates	92	40	-	18	18	-	-	4	4	2	6
United Kingdom	2,046	1,741	695	494	613	628	515	589	626	626	626
United States Minor Outlying Islands	-	2	-	-	-	-	2	4	-	15	16
Uruguay	38	26	27	14	9	16	32	11	22	2	14
Uzbekistan	-	-	3	-	1	1	-	1	-	2	1
Venezuela	67	77	294	126	148	240	296	36	119	253	125
Vietnam	4	2	6	1	1	-	1	-	-	-	1
Virgin Islands (British)	1	1	1	-	-	-	-	1	3	-	11
Virgin Islands (U.S.)	1	-	-	-	-	-	-	-	-	-	-
Zambia	1	7	3	-	-	2	-	-	-	-	-
Zimbabwe	2	2	4	-	1	4	1	1	-	2	2
Total Countries	133	125	108	108	100	132	129	115	106	106	114

Participants by state

State	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Alabama	184	155	185	171	158	102	135	122	129	95	159
Alaska	37	35	58	47	36	37	25	38	57	23	54
Arizona	240	221	273	226	188	177	123	217	162	152	158
Arkansas	116	118	133	99	85	92	59	136	90	135	106
California	2,464	2,371	2,540	2,208	1,681	1,484	1,074	1,535	1,131	1,155	1,042
Colorado	678	699	778	633	526	467	478	645	567	533	570
Connecticut	368	380	376	305	198	190	172	247	196	171	197
Delaware	57	38	55	36	30	31	14	37	27	25	31
Florida	1,527	1,637	1,762	1,559	1,327	1,002	990	1,106	962	939	989
Georgia	644	659	812	769	596	515	477	563	502	487	604
Hawaii	40	50	32	30	28	47	22	36	19	39	21
Idaho	36	42	28	35	36	22	26	38	48	23	41
Illinois	16,526	18,610	20,912	21,337	16,796	17,317	18,623	22,458	19,233	19,408	19,172
Indiana	1,176	1,345	1,473	1,500	1,333	1,332	1,360	1,763	1,654	1,628	1,605
Iowa	522	583	628	579	535	491	566	799	785	729	982
Kansas	264	280	360	252	247	221	282	295	301	300	352
Kentucky	226	282	327	326	240	227	267	294	297	339	344
Louisiana	133	133	119	142	78	68	88	84	57	77	112
Maine	87	77	652	47	38	36	43	58	41	39	44
Maryland	559	462	601	442	320	234	244	303	292	284	253
Massachusetts	2,019	2,040	1,980	1,699	1,456	934	758	890	791	755	840
Michigan	1,038	1,259	1,491	1,290	1,262	1,104	1,192	2,309	1,518	1,647	1,628
Minnesota	430	579	652	534	538	529	418	670	537	545	609
Mississippi	50	51	63	54	51	58	87	61	56	48	64
Missouri	495	608	743	633	569	497	524	783	647	796	1,010
Montana	37	35	28	21	20	13	17	41	41	22	27
Nebraska	143	148	150	133	118	127	130	193	184	169	191
Nevada	95	86	83	82	64	42	33	55	60	36	36
New Hampshire	183	217	221	131	123	90	61	88	79	64	56
New Jersey	1,053	998	1,011	682	489	373	271	404	322	349	280
New Mexico	64	55	67	60	61	46	44	78	69	69	65
New York	3,485	3,380	3,486	2,515	1,802	1,343	1,155	1,487	1,170	1,242	1,058
North Carolina	779	708	878	681	592	398	449	452	433	445	482
North Dakota	34	42	55	23	26	25	25	18	39	16	21
Ohio	738	774	876	854	778	735	692	935	805	791	930

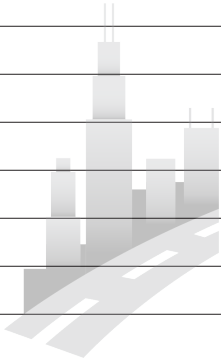
State	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Oklahoma	190	194	190	209	147	136	133	168	135	136	95
Oregon	239	254	187	198	165	133	136	112	150	106	112
Pennsylvania	798	728	752	644	493	399	383	399	354	392	322
Rhode Island	88	99	100	75	45	37	31	30	22	49	32
South Carolina	213	229	210	194	165	100	117	151	123	181	136
South Dakota	19	31	49	34	28	28	34	56	43	49	47
Tennessee	378	348	402	453	341	259	277	404	282	305	374
Texas	1,603	1,595	1,735	1,798	1,410	1,096	983	1,218	1,080	1,264	1,136
Utah	141	114	86	86	58	56	24	49	57	66	47
Vermont	37	39	31	658	41	27	23	24	23	30	67
Virginia	679	676	794	33	435	374	301	419	421	366	453
Washington	271	481	519	379	274	236	229	325	228	240	247
Washington D.C.	506	327	291	328	257	202	156	222	34	150	172
West Virginia	36	32	41	36	28	21	41	44	299	22	34
Wisconsin	787	910	1,109	1,013	908	933	936	1,259	1,142	1,136	1,340
Wyoming	23	14	15	15	16	13	8	18	10	20	21

Pace chart - Miles

Mile	5Mi	10Mi	13.1Mi	15Mi	20Mi	25Mi	26.2Mi
4:40	23:20	46:40	1:01:11	1:10:00	1:33:20	1:56:40	2:02:21
4:42	23:30	47:00	1:01:37	1:10:30	1:34:00	1:57:30	2:03:14
4:44	23:40	47:20	1:02:03	1:11:00	1:34:40	1:58:20	2:04:06
4:46	23:50	47:40	1:02:29	1:11:30	1:35:20	1:59:10	2:04:59
4:48	24:00	48:00	1:02:56	1:12:00	1:36:00	1:60:00	2:05:51
4:50	24:10	48:20	1:03:22	1:12:30	1:36:40	2:00:50	2:06:43
4:52	24:20	48:40	1:03:48	1:13:00	1:37:20	2:01:40	2:07:36
4:54	24:30	49:00	1:04:14	1:13:30	1:38:00	2:02:30	2:08:28
4:56	24:40	49:20	1:04:40	1:14:00	1:38:40	2:03:20	2:09:21
4:58	24:50	49:40	1:05:07	1:14:30	1:39:20	2:04:10	2:10:13
5:00	25:00	50:00	1:05:33	1:15:00	1:40:00	2:05:00	2:11:06
5:02	25:10	50:20	1:05:59	1:15:30	1:40:40	2:05:50	2:11:58
5:04	25:20	50:40	1:06:25	1:16:00	1:41:20	2:06:40	2:12:50
5:06	25:30	51:00	1:06:51	1:16:30	1:42:00	2:07:30	2:13:43
5:08	25:40	51:20	1:07:18	1:17:00	1:42:40	2:08:20	2:14:35
5:10	25:50	51:40	1:07:44	1:17:30	1:43:20	2:09:10	2:15:28
5:12	26:00	52:00	1:08:10	1:18:00	1:44:00	2:10:00	2:16:20
5:14	26:10	52:20	1:08:36	1:18:30	1:44:40	2:10:50	2:17:13
5:16	26:20	52:40	1:09:03	1:19:00	1:45:20	2:11:40	2:18:05
5:18	26:30	53:00	1:09:29	1:19:30	1:46:00	2:12:30	2:18:58
5:20	26:40	53:20	1:09:55	1:20:00	1:46:40	2:13:20	2:19:50
5:22	26:50	53:40	1:10:21	1:20:30	1:47:20	2:14:10	2:20:42
5:24	27:00	54:00	1:10:47	1:21:00	1:48:00	2:15:00	2:21:35
5:26	27:10	54:20	1:11:14	1:21:30	1:48:40	2:15:50	2:22:27
5:28	27:20	54:40	1:11:40	1:22:00	1:49:20	2:16:40	2:23:20
5:30	27:30	55:00	1:12:06	1:22:30	1:50:00	2:17:30	2:24:12
5:32	27:40	55:20	1:12:32	1:23:00	1:50:40	2:18:20	2:25:05
5:34	27:50	55:40	1:12:59	1:23:30	1:51:20	2:19:10	2:25:57
5:36	28:00	56:00	1:13:25	1:24:00	1:52:00	2:20:00	2:26:49
5:38	28:10	56:20	1:13:51	1:24:30	1:52:40	2:20:50	2:27:42
5:40	28:20	56:40	1:14:17	1:25:00	1:53:20	2:21:40	2:28:34
5:42	28:30	57:00	1:14:43	1:25:30	1:54:00	2:22:30	2:29:27
5:44	28:40	57:20	1:15:10	1:26:00	1:54:40	2:23:20	2:30:19
5:46	28:50	57:40	1:15:36	1:26:30	1:55:20	2:24:10	2:31:12

Pace chart - Kilometers

1K	5K	10K	15K	20K	21K	25K	30K	35K	40K	42K
2:54	14:30	29:00	43:30	0:58:00	1:01:11	1:12:30	1:27:00	1:41:30	1:56:00	2:02:22
2:55	14:35	29:10	43:45	0:58:20	1:01:32	1:12:55	1:27:30	1:42:05	1:56:40	2:03:04
2:56	14:40	29:20	44:00	0:58:40	1:01:53	1:13:20	1:28:00	1:42:40	1:57:20	2:03:46
2:57	14:45	29:30	44:15	0:59:00	1:02:14	1:13:45	1:28:30	1:43:15	1:58:00	2:04:29
2:58	14:50	29:40	44:30	0:59:20	1:02:35	1:14:10	1:29:00	1:43:50	1:58:40	2:05:11
2:59	14:55	29:50	44:45	0:59:40	1:02:56	1:14:35	1:29:30	1:44:25	1:59:20	2:05:53
3:00	15:00	30:00	45:00	1:00:00	1:03:18	1:15:00	1:30:00	1:45:00	2:00:00	2:06:35
3:01	15:05	30:10	45:15	1:00:20	1:03:39	1:15:25	1:30:30	1:45:35	2:00:40	2:07:17
3:02	15:10	30:20	45:30	1:00:40	1:04:00	1:15:50	1:31:00	1:46:10	2:01:20	2:07:59
3:03	15:15	30:30	45:45	1:01:00	1:04:21	1:16:15	1:31:30	1:46:45	2:02:00	2:08:42
3:04	15:20	30:40	46:00	1:01:20	1:04:42	1:16:40	1:32:00	1:47:20	2:02:40	2:09:24
3:05	15:25	30:50	46:15	1:01:40	1:05:03	1:17:05	1:32:30	1:47:55	2:03:20	2:10:06
3:06	15:30	31:00	46:30	1:02:00	1:05:24	1:17:30	1:33:00	1:48:30	2:04:00	2:10:48
3:07	15:35	31:10	46:45	1:02:20	1:05:45	1:17:55	1:33:30	1:49:05	2:04:40	2:11:30
3:08	15:40	31:20	47:00	1:02:40	1:06:06	1:18:20	1:34:00	1:49:40	2:05:20	2:12:13
3:09	15:45	31:30	47:15	1:03:00	1:06:27	1:18:45	1:34:30	1:50:15	2:06:00	2:12:55
3:10	15:50	31:40	47:30	1:03:20	1:06:49	1:19:10	1:35:00	1:50:50	2:06:40	2:13:37
3:11	15:55	31:50	47:45	1:03:40	1:07:10	1:19:35	1:35:30	1:51:25	2:07:20	2:14:19
3:12	16:00	32:00	48:00	1:04:00	1:07:31	1:20:00	1:36:00	1:52:00	2:08:00	2:15:01
3:13	16:05	32:10	48:15	1:04:20	1:07:52	1:20:25	1:36:30	1:52:35	2:08:40	2:15:44
3:14	16:10	32:20	48:30	1:04:40	1:08:13	1:20:50	1:37:00	1:53:10	2:09:20	2:16:26
3:15	16:15	32:30	48:45	1:05:00	1:08:34	1:21:15	1:37:30	1:53:45	2:10:00	2:17:08
3:16	16:20	32:40	49:00	1:05:20	1:08:55	1:21:40	1:38:00	1:54:20	2:10:40	2:17:50
3:17	16:25	32:50	49:15	1:05:40	1:09:16	1:22:05	1:38:30	1:54:55	2:11:20	2:18:32
3:18	16:30	33:00	49:30	1:06:00	1:09:37	1:22:30	1:39:00	1:55:30	2:12:00	2:19:15
3:19	16:35	33:10	49:45	1:06:20	1:09:58	1:22:55	1:39:30	1:56:05	2:12:40	2:19:57
3:20	16:40	33:20	50:00	1:06:40	1:10:20	1:23:20	1:40:00	1:56:40	2:13:20	2:20:39
3:21	16:45	33:30	50:15	1:07:00	1:10:41	1:23:45	1:40:30	1:57:15	2:14:00	2:21:21
3:22	16:50	33:40	50:30	1:07:20	1:11:02	1:24:10	1:41:00	1:57:50	2:14:40	2:22:03
3:23	16:55	33:50	50:45	1:07:40	1:11:23	1:24:35	1:41:30	1:58:25	2:15:20	2:22:46
3:24	17:00	34:00	51:00	1:08:00	1:11:44	1:25:00	1:42:00	1:59:00	2:16:00	2:23:28
3:25	17:05	34:10	51:15	1:08:20	1:12:05	1:25:25	1:42:30	1:59:35	2:16:40	2:24:10
3:26	17:10	34:20	51:30	1:08:40	1:12:26	1:25:50	1:43:00	2:00:10	2:17:20	2:24:52
3:27	17:15	34:30	51:45	1:09:00	1:12:47	1:26:15	1:43:30	2:00:45	2:18:00	2:25:34
3:28	17:20	34:40	52:00	1:09:20	1:13:08	1:26:40	1:44:00	2:01:20	2:18:40	2:26:17
3:29	17:25	34:50	52:15	1:09:40	1:13:29	1:27:05	1:44:30	2:01:55	2:19:20	2:26:59
3:30	17:30	35:00	52:30	1:10:00	1:13:50	1:27:30	1:45:00	2:02:30	2:20:00	2:27:41
3:31	17:35	35:10	52:45	1:10:20	1:14:12	1:27:55	1:45:30	2:03:05	2:20:40	2:28:23
3:32	17:40	35:20	53:00	1:10:40	1:14:33	1:28:20	1:46:00	2:03:40	2:21:20	2:29:05
3:33	17:45	35:30	53:15	1:11:00	1:14:54	1:28:45	1:46:30	2:04:15	2:22:00	2:29:48
3:34	17:50	35:40	53:30	1:11:20	1:15:15	1:29:10	1:47:00	2:04:50	2:22:40	2:30:30
3:35	17:55	35:50	53:45	1:11:40	1:15:36	1:29:35	1:47:30	2:05:25	2:23:20	2:31:12



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