Abbott Health & Fitness Parking directions

If approaching from the north, northwest or O'Hare Airport, follow I-190 East to I-90 East. This turns into I-90/94 East (Dan Ryan Expressway). Keeping to the right, follow to I-55 North (Stevenson Expressway). Exit at Martin L. King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

If approaching from the west, follow I-290 East (Eisenhower Expressway) to I-94 East (Dan Ryan Expressway). Keeping to the right, follow to I-55 North (Stevenson Expressway). Exit at Martin L. King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

If approaching from the southwest or Midway Airport, take I-55 North (Stevenson Expressway). Exit at Martin L. King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

If approaching from the south or Indiana via I-80/94, take I-80/94, exit at I-94 West (Bishop Ford Expressway) and proceed on I-94 West (Dan Ryan Expressway). Follow to I-55 North (Stevenson Expressway). Exit at Martin L. King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

If approaching from the Indiana Skyway, take I-90 West (Indiana Tollway turns into the Chicago Skyway). Merge onto I-90/94 West (Dan Ryan Expressway). Exit at I-55 North (Stevenson Expressway). Exit at Martin L. King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

If approaching on Lake Shore Drive (US-41), exit at 31st Street and turn right (West). Turn right on Martin L. King Drive. Turn left on 24th Place. Follow signs to Lot A.

If approaching from Ida B. Wells Drive (the Loop), turn right onto Michigan Avenue Proceed south to Cermak Road. (E. 22nd Street). Turn left on Cermak Road, to Martin Luther King Drive. Follow signs to Lot A.