



BANK OF AMERICA

Chicago  
Marathon.



# CHICAGO IS YOUR START LINE

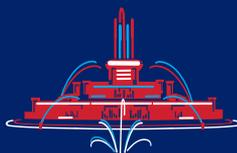
10.10.2021



PARTICIPANT  
GUIDE



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# WELCOME



Dear participants,

This year more than ever, I am delighted to welcome you to the 43rd running of the Bank of America Chicago Marathon. When the final runner crossed the finish line in 2019, we never imagined that it would be 728 days until we had participants cross our finish line in Grant Park again. I am thrilled that the time to run together has finally come. Chicago is your start line.

The world has changed over the last two years, but our commitment to your health and safety has not. You are our top priority, and we know that we can count on you to do your part to keep race volunteers, staff and your fellow athletes safe. Your continued cooperation and participation will ensure that this will be an enjoyable and meaningful race for everyone.

Please do your part by reading through all the information in this guide. The 2021 Bank of America Chicago Marathon Participant Guide is a step-by-step manual to assist you and your loved ones throughout race weekend.

As always, if you have any questions about the event, please contact our office by emailing [office@chicagomarathon.com](mailto:office@chicagomarathon.com).

On behalf of the Bank of America Chicago Marathon staff, Bank of America, the City of Chicago, our sponsors and volunteers: welcome back. We are so excited to see you again.

Sincerely,

A handwritten signature in black ink, appearing to read "Carey Pinkowski". The signature is fluid and cursive, with a large initial "C" and "P".

**Carey Pinkowski**  
Executive Race Director  
Bank of America Chicago Marathon

## EVENT WEBSITE

The Bank of America Chicago Marathon website ([chicagomarathon.com](http://chicagomarathon.com)) is a great resource for your pre-race, race day and post-race needs. The website has the most up-to-date participant, event and spectator information.

If you can't find the answer to your question, please contact the event via email at [office@chicagomarathon.com](mailto:office@chicagomarathon.com).

## SCHEDULE OF EVENTS

### Friday, October 8

Abbott Health & Fitness Expo; Packet pick-up  
McCormick Place, West Building, Hall F2  
9 a.m. – 8 p.m.

 Visit [chicagomarathon.com/expo](http://chicagomarathon.com/expo) for more information.

### Saturday, October 9

Abbott Chicago 5K  
Race start: 7:30 a.m.

 Visit [chicago5k.com](http://chicago5k.com) for more information.

Abbott Health & Fitness Expo; Packet pick-up  
McCormick Place, West Building, Hall F2  
9 a.m. – 6 p.m.

 Visit [chicagomarathon.com/expo](http://chicagomarathon.com/expo) for more information.

### Sunday, October 10

Grant Park

Marathon Wheelchair Start (men)	7:20 a.m.
Marathon Wheelchair Start (women)	7:21 a.m.
Marathon Handcycle Start	7:23 a.m.
Wave 1 Start (red)	7:30 a.m.
Wave 2 Start (blue)	8:00 a.m.
Wave 3 Start (orange)	8:35 a.m.
Spectator access to Grant Park begins	9:30 a.m.

## Abbott 27.2 Fest

Grant Park, Butler Field

9:30 a.m. – 4 p.m.

 By sharing event communications digitally, 26 tons of materials will not be used, avoiding an estimated 237 metric tons of CO2e emissions from being produced and saving 438 trees. Environmental impact estimates were made using the Environmental Network Paper Calculator Version 4.0. For more information visit: [papercalculator.org](http://papercalculator.org).

## BANK OF AMERICA CHICAGO MARATHON APP, POWERED BY TCS

The Bank of America Chicago Marathon App, Powered by Tata Consultancy Services



is the perfect resource to prepare for the 2021 Bank of America Chicago Marathon. Whether you're running or spectating, the free mobile app includes everything you'll need to be prepared for a great race week experience.

The 2021 Mobile App features unlimited live race day runner tracking, elite athlete profiles, live broadcast streaming, real-time weather, an interactive course map, participant bib share and more. Fans can submit a digital cheer through the App for the chance for your message to be displayed on the Bank of America Chicago Marathon course as your participant goes by. Visit the "Cheer" page in the app to submit your message.

 The Mobile App is available now on the App Store and Google Play.

## ABBOTT CHICAGO 5K

The Abbott Chicago 5K is the perfect way for marathoners, fans of the sport and friends and family to experience Chicago and take part in the Bank of America Chicago Marathon weekend. The 3.1-mile course previews a section of the Chicago Marathon as it weaves past iconic downtown landmarks. The race kicks off in Grant Park and finishes on LaSalle St. near the Chicago Board of Trade. In recognition of each



runner's participation on race day, the event will make a two-dollar donation to the American Diabetes Association for every participant who crosses the finish line.



Visit [chicago5k.com](https://chicago5k.com) to learn more.



Inspire the next generation of runners to get out there and get active by participating in the Abbott Chicago 5K!

## SUSTAINABILITY

Incorporating environmentally and socially responsible practices is an important part of the operational planning, preparation and execution of the Bank of America Chicago Marathon. In 2018, the Bank of America Chicago Marathon was named an Evergreen Inspire certified event by the Council for Responsible Sport in recognition of our sustained commitment to environmental stewardship and social responsibility. We ask that you join us race weekend as we continue our efforts to be a more sustainable event.

If you are traveling to Chicago, consider offsetting your flight. Official Airline of the Bank of America Chicago Marathon, American Airlines, has partnered with Cool Effect to offer an easy way to offset greenhouse gas emissions for participants traveling into Chicago for the 2021 event. To learn more about the projects and to offset your travel, click here.

Look for recycling icons located throughout the guide to learn how you can help us with our sustainability initiatives at this year's event.

## LOST & FOUND

Lost and found items will be collected throughout race weekend at the Abbott Health & Fitness Expo and in Grant Park on race day. If you are looking for an item that was lost, please go to the nearest information tent for more information or visit [chicagomarathon.com/lostandfound](https://chicagomarathon.com/lostandfound) to confirm if your item was turned into the event lost and found. Following the event items can be reclaimed at the Hilton Chicago (enter off 8th Street) from 5 p.m. to 7 p.m. on Sunday, October 10 and from 8 a.m. to 12 p.m. on Monday, October 11. Any items unclaimed by Friday, October 29, 2021 will no longer be available.

## TRANSLATION SERVICES

CulturalLink will provide virtual translation services for participants and spectators at the Abbott Health & Fitness Expo, as well as on race day. The technology-based video translation service is designed to meet the needs of participants and spectators while in Chicago for the race.

 Visit [theculturalink.com](https://theculturalink.com) to learn more.

## EVENT RULES

The following event rules are intended to help produce and direct a large-scale event, to ensure the safety of all participants, to meet the requirements of local government permits and to be compliant with applicable USA Track & Field (USATF) and World Athletics regulations for participant performance records and event liability.

 Visit [chicagomarathon.com/rules](https://chicagomarathon.com/rules) to read the complete event rules.

BANK OF AMERICA 



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SERVICES

 Advocate  
Health Care

 ENDURANCE

 万达体育  
WANDA SPORTS

BIOFREEZE

American  
Airlines 

Chicago  
Tribune

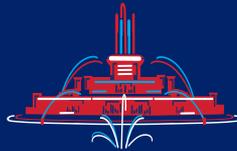
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CHICAGO



SECTION 2

# HEALTH & SAFETY

Creating a safe environment on race weekend is everyone's responsibility. You can contribute to the overall safety of the event by reviewing and following the information outlined in this section.



The following the health and safety procedures have been put in place to help create a safe environment race weekend. All attendees are encouraged to review and follow safety procedures described below.

- If you have tested positive or been exposed to someone who has tested positive for COVID-19 within 14 days of the event, please do not participate in or attend the event. We are exploring several options to be accommodating for registered participants who cannot participate due to a positive COVID-19 test within 14 days of the event. We will provide an update regarding this in advance of the event.
- If you feel sick or experience symptoms of COVID-19 (e.g., a fever of 100.4F or higher, cough, shortness of breath or difficulty breathing, chills, repeated shaking, muscle pain/achiness, headache, sore throat, loss of taste or smell, nasal congestion, runny nose, vomiting, diarrhea, fatigue or any other symptoms associated with COVID-19 identified by the Centers for Disease Control and Prevention) you should self-isolate and not participate in event activities or enter event venues while symptomatic. We encourage individuals experiencing symptoms associated with COVID-19 to get tested and consult a medical professional for additional guidance.
- All attendees must adhere to local and state COVID-19 guidelines and mandates. This includes but is not limited to face coverings and following quarantine advisories.
- Please follow best practices on personal hygiene, including regular handwashing (vigorous handwashing with water and soap for 20 seconds or application of hand sanitizer consisting of at least 60% alcohol), avoiding touching the eyes, mouth or nose, and covering your mouth and nose when coughing or sneezing.
- Individuals who are considered “high risk,” which includes but is not limited to underlying cardiac and pulmonary conditions as well as individuals with immunocompromised states, should consult with their physician and/or reconsider attending or participating in the event.

## **PARTICIPATION REQUIREMENTS**

Registered participants are required to provide proof of a complete COVID-19 vaccination series or a negative COVID-19 test result to participate in the 2021 Bank of America Chicago Marathon. Registered participants who are not fully vaccinated are required to provide a negative COVID-19 test result for a test administered within 72 hours of attending the Bank of America Chicago Marathon (Sunday, October 10). The event defines “fully vaccinated” as individuals who are two weeks after their second dose in a two-dose vaccine series or two weeks after a single-dose vaccine.

Proof of vaccination (hard copy, photocopy or digital version of an immunization record) or a negative COVID-19 test taken within 72 hours of attending the event is required for entrance to the Abbott Health & Fitness Expo. Individuals unable to prove full vaccination or negative test will be barred from entering the Health & Fitness Expo and unable to pick up the necessary race materials that allow for participation in the event.

Upon verification of proof individuals will receive a tamper proof wristband which will act as identification at the screening process and allow entrance into event venues for the remainder of the weekend.

This policy recognizes COVID-19 vaccines authorized or approved for use by the Federal Drug Administration (FDA) and the World Health Organization (WHO).

Individuals based in the United States can visit [vaccinefinder.org](https://vaccinefinder.org) for more information on COVID-19 vaccines and to find a vaccination location.

## **FACE COVERINGS**

All attendees are required to wear face coverings while at indoor event venues, including the Abbott Health & Fitness Expo. Face coverings must be two-ply at a minimum and cover the mouth and nose securely. Single-ply neck gaiters and face shields are not acceptable face coverings.

Participants are encouraged to wear face coverings in Grant Park pre-race. Additional masks will be available post-finish for participants who would like to re-mask before making their way to the Abbott 27.2 Fest or Runner Reunite.

Attendees who have access to a tented area are required to wear face coverings while inside the tent.

Spectators are encouraged and may be required to wear face coverings in Grant Park and while supporting their participant on course.

 Consider using a reusable face covering and reduce the use of plastic. If a disposable mask is used, please dispose of in the waste bin.

### **EVENT ALERT SYSTEM**

The color-coded Event Alert System (EAS) will communicate the status of race conditions leading up to and on race day. EAS levels range from Low (Green) to Moderate (Yellow) to High (Red) to Extreme (Black) based primarily on weather, as well as other conditions.

- Email and website communication during race week will inform you of the current EAS level and provide race weekend preparation tips.
- Updates will be made at the Abbott Health & Fitness Expo via public address announcements and color-coded signs.
- On race day, stay tuned to the current EAS level via public address announcements and color-coded signs/flags at the start and finish areas and at each of the 20 aid stations along the course.
- If necessary, additional emergency information will be communicated via email and/or text message.

Familiarize yourself with the Event Alert System prior to race day, remain alert for directions from race officials, announcers and volunteers, and take precautions to prepare properly for varying conditions on race day.

ALERT LEVEL	EVENT CONDITIONS	RECOMMENDED ACTIONS
<b>EXTREME</b>	<b>EVENT CANCELLED/EXTREME AND DANGEROUS CONDITIONS</b>	<b>PARTICIPATION STOPPED/ FOLLOW EVENT OFFICIAL INSTRUCTION</b>
<b>HIGH</b>	<b>POTENTIALLY DANGEROUS CONDITIONS</b>	<b>SLOW DOWN/OBSERVE COURSE CHANGES/ FOLLOW EVENT OFFICIAL INSTRUCTION/ CONSIDER STOPPING</b>
<b>MODERATE</b>	<b>LESS THAN IDEAL CONDITIONS</b>	<b>SLOW DOWN/BE PREPARED FOR WORSENING CONDITIONS</b>
<b>LOW</b>	<b>GOOD CONDITIONS</b>	<b>ENJOY THE EVENT/ BE ALERT</b>

## MEDICAL SUPPORT

Medical support is available at 22 on-course locations. Medical tents are located at all 20 aid stations and additional medical tents are located between Mile 14 and Mile 15 and in the final mile. Medical tents are indicated by tall, red, blade signs with the medical icon. Each medical tent is staffed by a team of medical professionals, is equipped with emergency and first aid supplies and has access to ambulance service.

In Grant Park, the Main Medical Tent, Podiatry Tent and Ice Station are located directly beyond the finish line. An additional medical tent is in Grant Park adjacent to the Abbott 27.2 Fest. For the safety of all participants, only those requiring medical assistance may access the medical facilities. If you feel like you need medical assistance on race day, you are encouraged to seek help from a medical volunteer or visit a medical tent in Grant Park or on course.



Lend a hand, save a life! Participants, volunteers and event staff are encouraged to watch an instructional Hands Only CPR video in advance of race weekend. This training is critical and can be lifesaving.

### **AMERICAN RED CROSS REUNIFICATION**

If a participant is transported to a local area hospital at the discretion of the medical team, the American Red Cross of Greater Chicago's Safe and Well staff will be on hand in Grant Park to provide information regarding that patient to family and friends. Safe and Well staff can be found in the Information Tents located throughout Grant Park as well as at the American Red Cross Reunification area located in the Medical Family Waiting Tent located on Jackson Drive. Family members may also call 888.659.9877 to speak with a Safe and Well Operator to inquire about a patient. Refer to the course map for locations and inform friends and family of this service in advance of race day.

SECTION 3

# ABBOTT HEALTH & FITNESS EXPO

The Abbott Health & Fitness Expo features health and fitness industry exhibitors offering the latest in running footwear, apparel, nutrition and technology. The Health & Fitness Expo is free and open to the public.





Visit [chicagomarathon.com/expo](https://chicagomarathon.com/expo) for more information.

## ATTENDEE REQUIREMENTS

Proof of vaccination (hard copy, photocopy or digital version of an immunization record) OR negative COVID-19 test result will be required to attend the Abbott Health & Fitness Expo. All attendees who are not fully vaccinated are required to provide a negative COVID-19 test result for a test administered within 72 hours of attending the event. Individuals unable to prove full vaccination or a negative test will be barred from entering the Health & Fitness Expo and picking up the necessary race materials that allow participation in the event.

Upon verification of proof individuals will receive a tamper proof wristband which will act as identification of the screening process and allow entrance into indoor event venues for the remainder of the weekend.

This policy recognizes COVID-19 vaccines authorized or approved for use by the Federal Drug Administration (FDA) and the World Health Organization (WHO).

Individuals based in the United States can visit [vaccinefinder.org](https://vaccinefinder.org) for more information on COVID-19 vaccines and to find a vaccination location.

Once the verification process is complete attendees will pass through a security screening process. All Abbott Health & Fitness Expo attendees should refrain from bringing large bags and/or luggage to the Health & Fitness Expo.

All attendees are required to wear face coverings while at indoor event venues, including the Abbott Health & Fitness Expo. Face coverings must be two-ply at a minimum and cover the mouth and nose securely. Single-ply neck gaiters and face shields are not acceptable face coverings.

## LOCATION

McCormick Place, West Building, Hall F2  
2301 S. Martin Luther King Dr.  
Chicago, IL 60616

*\*For driving and parking, use the above address for the best access to the Abbott Health & Fitness Expo. If you are driving, follow the signs for Parking Lot A for the most convenient parking location. The publicly listed mailing address for McCormick Place is 2301 S. Lake Shore Drive.*

*If you are taking a rideshare service to the Abbott Health & Fitness Expo, we encourage you to enter McCormick Place – West Building as your drop off location.*

## HOURS

Friday, October 8	9 a.m. – 8 p.m.
Saturday, October 9	9 a.m. – 6 p.m.

 For a list of Abbott Health & Fitness Expo exhibitors, go to [chicagomarathon.com/expo](http://chicagomarathon.com/expo).

## PUBLIC TRANSPORTATION & PARKING

### CHICAGO TRANSIT AUTHORITY

The Chicago Transit Authority (CTA) offers an economical and convenient way to get to and from the Abbott Health & Fitness Expo.

 Visit [transitchicago.com](http://transitchicago.com) for more information.

### CTA fare information

The Chicago Transit Authority (CTA) encourages all participants and spectators to purchase CTA fares in advance to avoid waiting in long lines at the airports and on race day. Purchase fares in advance at [ventrarchicago.com](http://ventrarchicago.com).



### Cash fare

Accepted on CTA buses only. Exact fare (coins and bills accepted). No cash transfers available.

- Full fare: \$2.50
- Reduced fare: \$1.25 (applies to children ages 7 to 11 and customers with a valid RTA Reduced Fare Permit)

### **Ventra® ticket**

Single-ride (\$3) and 1-day (\$10) Ventra tickets are available at CTA station vending machines. These disposable tickets cannot be reloaded. Single-ride Ventra tickets include one full fare and two transfers.

### **Ventra Card**

Purchase a Ventra Card for \$5 at Chicago Transit Authority (CTA) station vending machines, participating Ventra retail locations, by calling 1.877.NOW.VENTRA or online at [ventrachicago.com](http://ventrachicago.com). Once your card is purchased, you can register it to have the \$5 charge immediately refunded as transit value to pay for rides. Just tap and board, and full fares and transfers on CTA and Pace will be deducted from your card.

- Full fare: \$2.25 (bus); \$2.50 (rail); \$5 (from O'Hare) \*
- Full fare transfer: \$.25
- Reduced fare: \$1.10 (bus); \$1.25 (rail) (applies to children ages 7 to 11 and to customers with a valid RTA reduced Fare Permit)
- Reduced fare transfer: \$0.15

Pay for up to seven full-fare rides at once. Transfers must occur within two hours of the first ride.

You can also load transit value and passes to your Ventra Card at CTA station vending machines, participating retail locations, through the Ventra app, online or by phone. Passes offer unlimited rides on CTA buses and trains for a specified period and include 1-day: \$10; 3-day: \$20; 7-day: \$28. Passes cannot be shared.

\* \$5 O'Hare rate applies to people paying with Ventra Transit Account pay-per-use value.

### **Ventra app**

The Ventra app allows you to manage your Ventra account, add transit value or passes to your Ventra Card and buy and use Metra mobile tickets. For more information, visit [ventrachicago.com/app](http://ventrachicago.com/app).

### **Bankcard or NFC-enabled mobile phone**

Use your own contactless bankcard or NFC-enabled mobile phone with Apple Pay, Google Pay or Samsung Pay to tap and travel on CTA and Pace. Tap your card or phone to pay as you go. This symbol:  means your card is contactless. Transfers now available. Pay for up to 7 full-fare rides at once. Transfers must occur within two hours of the first ride.

 Visit [ventrachicago.com](https://ventrachicago.com) for more information.

### **METRA TRAIN SERVICE**

Participants and spectators are encouraged to take advantage of Metra's \$7 Saturday or Sunday Day Pass good for unlimited rides on either Saturday or Sunday. In addition, the \$10 Weekend Pass (available on the Ventra app only) is good for unlimited rides on both weekend days. Abbott Health & Fitness Expo attendees are encouraged to take the Metra Electric line to and from the Health & Fitness Expo. Metra Electric provides frequent service between McCormick Place and downtown.

 Visit [metra.com](https://metra.com) for more information.

### **SOUTH SHORE LINE**

Participants and spectators are encouraged to take the South Shore Line race weekend. The South Shore Line runs from South Bend, Indiana to Chicago with stops along the way. Park your car at one of the convenient South Shore Line stations and ride in comfort to the Abbott Health & Fitness Expo and to Grant Park on race day.

 Visit [mysouthshoreline.com](https://mysouthshoreline.com) for more information.

### **PARKING**

Parking will be available to all Abbott Health & Fitness Expo attendees at McCormick Place Parking Lot A for a reduced rate of \$12. You must have your parking ticket validated at the Health & Fitness Expo to receive the reduced rate.



Visit [chicagomarathon.com/expoparking](http://chicagomarathon.com/expoparking) for driving directions to McCormick Place Parking Lot A.

### Packet pick-up ticket

The emailed version of your packet pick-up ticket (whether in mobile or printed form) is your individual proof of entry into the race. You will receive your packet pick-up ticket email to the email address used at the point of registration on Wednesday, September 29. You must present this, along with one form of photo ID, at the Participant Packet Pick-Up area of the Abbott Health & Fitness Expo to receive your participant packet (bib number and timing device), participant bag and Nike running shirt.

Review your packet pick-up ticket for accuracy, including your name, address, age and gender. This information is critical for accurate scoring and mailing of results. To update your information, login to your participant account or contact the Bank of America Chicago Marathon by email at [office@chicagomarathon.com](mailto:office@chicagomarathon.com).



The Bank of America Chicago Marathon official Nike running shirt is made from 100% recycled polyester, made from a new blend of recycled plastic bottles and polyester fabric scraps. In addition to reducing waste, recycled polyester reduces carbon emissions by up to 30% compared to virgin polyester.

### Participant packet

Your participant packet includes:

- Bib number
- MYLAPS BibTag timing device
- Gear check tag
- Complimentary post-race 312 Urban Wheat Ale beer ticket\*

*\*For participants aged 21 and over*

### Packet pick-up instructions

- You must pick up your participant packet and participant bag in person at the Abbott Health & Fitness Expo during regularly scheduled hours. These items (participant packets, bags and

running shirts) will not be available for pickup on race day and will not be mailed.

- You must pick up your own participant packet and participant bag at the Health & Fitness Expo. Individuals will not be allowed to pick up these items on behalf of others.
- After going through the entrance screening process you will be directed to the Participant Packet Pick-Up area where event staff will assist you at one of the check-in stations.
- To check in, you must present your photo ID (driver's license, state ID, passport, etc.), along with your packet pick-up ticket email (whether in mobile or printed form).
- If you misplaced or did not receive a packet pick-up ticket email, go directly to the Participant Services Desk where event staff will, upon verification of your registration, provide your packet pick-up ticket.
- Proceed to the Participant Bag Pick-Up area to receive your participant bag and Nike running shirt; shirts will be distributed according to the size indicated on your packet.

 The Bank of America Chicago Marathon has eliminated the use of carpet at the Abbott Health & Fitness Expo. By not using carpet at the Health & Fitness Expo, the event is saving 55.04 metric tons of CO<sub>2</sub>e, which is equivalent to flying on a commercial airliner from Chicago to London 17 times.

### NIKE PACE TEAM

The Nike Pace Team will help you set the pace on race day. Pacers—nearly 100 experienced marathon runners—will run according to the following finish time goals: 3:00, 3:05, 3:10, 3:15, 3:20, 3:25, 3:30, 3:35, 3:40, 3:45, 3:50, 3:55, 4:00, 4:10, 4:20, 4:30, 4:40, 4:50, 5:00, 5:15, 5:30 and 5:45.



Visit the Nike Pace Team booth at the Abbott Health & Fitness Expo for more information and to sign up to be part of a pace group. Pacers will be available to talk about the race day plan, how to locate your group within the start corrals and to answer general questions about the pacers.

Upon joining a Nike Pace Team, you will receive a pace bib to wear

on your back during the race that will indicate your pace group (e.g., 4:00) and identify you as a member of the team. There is no cost to participate. Pace teams are allocated to specific start corrals. Your start corral assignment may not allow you access to run with a particular pace team.

## **BANK OF AMERICA BOOTH**

Celebrate the return of world marathon racing **BANK OF AMERICA**  to the city of Chicago at this year's Abbott Health & Fitness Expo. Stop by the Bank of America booth to celebrate the spirit and resilience of both the Chicago community and marathoners from near and far. Come see why runners and their friends and family consider the Bank of America space a "must do" for photo opportunities...selfies and group photos are encouraged. And don't forget to pick up noisemakers to share with your friends and family to help you get up and running on race day.

*Connect to the Bank of America Chicago Marathon and each other at [bankofamerica.com/ChicagoMarathon](http://bankofamerica.com/ChicagoMarathon) or at [#ChicagoMarathon](https://twitter.com/ChicagoMarathon) [#UpandRunning](https://twitter.com/UpandRunning).*

## **VIRTUAL EXPO**

A virtual version of the Abbott Health & Fitness Expo will be available in conjunction with the in-person Health & Fitness Expo. The Virtual Expo will offer the opportunity for attendees to further engage with exhibitors and purchase items before and after their visit to the in-person Expo.

In addition to the virtual shopping opportunities, attendees can watch on-demand programming historically featured on the Expo Main Stage. The digital content will give you an opportunity to learn more about the course, receive last-minute tips, see the latest in running gear and technology and hear from industry experts and special guests.

A link to visit the Virtual Expo will be available race week.

SECTION 4

# RACE DAY: GRANT PARK

The Bank of America Chicago Marathon begins and ends in Grant Park. Known as Chicago's Front Yard, this park features local landmarks including the Buckingham Fountain and the Art Institute of Chicago, formal and naturalistic gardens and a variety of sculptures. Gear check, medical facilities, information tents and the Abbott 27.2 Fest are all located within Grant Park.



## PUBLIC TRANSPORTATION & PARKING

You are strongly encouraged to use public transportation to get to Grant Park on race day. If you drive, allow sufficient time for traffic congestion and street closures due to the race.

 Visit [chicagomarathon.com/racedayparking](http://chicagomarathon.com/racedayparking) for more information.

## CHICAGO TRANSIT AUTHORITY

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immediately refunded as transit value to pay for rides. Just tap and board, and full fares and transfers on CTA and Pace will be deducted from your card.

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## Ventra app

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Use your own contactless bankcard or NFC-enabled mobile phone with Apple Pay, Google Pay or Samsung Pay to tap and travel on CTA and Pace. Tap your card or phone to pay as you go. This symbol:  means your card is contactless. Transfers now available. Pay for up to 7 full-fare rides at once. Transfers must occur within two hours of the first ride.

 Visit [ventrachicago.com](http://ventrachicago.com) for more information.

## METRA TRAIN SERVICE

Participants and spectators are encouraged to take advantage of Metra's \$7 Saturday or Sunday Day Pass good for unlimited rides on either Saturday or Sunday. In addition, the \$10 Weekend Pass (available on the Ventra app only) is good for unlimited rides on both weekend days. Abbott Health & Fitness Expo attendees are encouraged to take the Metra Electric line to and from the Health & Fitness Expo. Metra Electric provides frequent service between McCormick Place and downtown.

 Visit [metra.com](https://metra.com) for more information.

## PARKING AT MILLENNIUM GARAGE

Millennium Garages provides multiple parking options for Bank of America Chicago Marathon attendees at all four convenient underground garages situated beneath Grant Park, Millennium Park and Maggie Daley Park. Purchase parking for race weekend in advance online for a discounted rate. Parking passes are valid at all four garages: Millennium Lakeside, Millennium Park, Grant Park South and Grant Park North. Individuals parking for more than one day can save over 50% on hotel parking by purchasing Extended Stay Parking in advance. This option is available in all four garages and includes unlimited in and out access.



**Millennium  
Garages**

 Visit [millenniumgarages.com](https://millenniumgarages.com) for more information.

## GRANT PARK PARTICIPANT ENTRANCE SCREENING

Prior to entering Grant Park on race day, you must pass through one of seven designated security and bag screening entrance gates located off Michigan Avenue. Your event-issued bib number must be fastened to your front outer layer of clothing and visible to security personnel to enter Grant Park. You will also be asked to show the tamper proof wristband indicating that you've provided proof of full vaccination or a negative COVID-19 test.

Your arrival time and entrance gate will be determined by your start corral assignment. To help us facilitate a smooth entrance process

and reduce the wait time at gates, we ask that you please follow the instructions specific to your starting corral assignment. All bags will be screened by security personnel. Personal bags (backpacks, luggage, etc.) will not be permitted; all participants must use the clear plastic event-issued participant bag for gear. Camelbaks® and any type of hydration backpack are not permitted. For the avoidance of doubt, fuel belts and hand-held water bottles are allowed. Please be aware you may be asked to empty the contents of these containers before entering Grant Park. Participants who opt not to check gear and are not carrying a bag can access Grant Park through designated express security lanes.

Participants are encouraged to wear face coverings in Grant Park prior to starting the race. Additional masks will be available post-finish for participants who would like to re-mask before making their way to the Abbott 27.2 Fest or Runner Reunite. Attendees who have access to a tented area are required to wear face coverings while inside the tent.

 Reuse your participant bag following the race. When you're ready to dispose of the bag, remove the string and take to a facility in your area that accepts plastic bags for recycling. This year's participant bag is made in the USA and uses approximately 30% reprocessed material.

### **GRANT PARK SPECTATOR ENTRANCE SCREENING**

Spectators will not have access to the race start and finish areas within Grant Park on race day. These areas will be accessible only to participants displaying their event-issued bib numbers, event staff with proper credentials, and ticketed guests (where applicable). Family, friends and individuals who are not registered for the race will not be able to escort runners to the start line or greet runners at the finish line.

We recommend that spectators support runners from elsewhere on the course and meet runners after the race in designated areas within Grant Park.

The Abbott 27.2 Fest and Runner Reunite area of Grant Park will open

to spectators at 9:30 a.m. To access this area, spectators must pass through security and bag screening at Entrance Gate #1 (Jackson Drive and Michigan Avenue) or Entrance Gate #4 (Ida B. Wells Drive and Michigan Avenue).

Spectators are encouraged and may be required to wear face coverings in Grant Park and along the 26.2-mile course route.

 Use designated sidewalks and walkways in Grant Park to help preserve the foliage in one of Chicago's best green spaces.

### **INFORMATION TENTS**

Information tents will be available throughout Grant Park on race day. Information volunteers will be available to assist participants and spectators with event information, course maps and general event inquiries as well as lost and found items. Information tents will be in the following areas:

- On the east side of Michigan Avenue at 11th Street
- On the east side of Michigan Avenue at Harrison Street
- On the east side of Michigan Avenue at Jackson Drive
- Within the Buckingham Fountain Gear Check facility (participant-only Information Tent)
- North side of Jackson Drive between Columbus Drive and Lake Shore Drive
- On the northwest corner of Ida B. Wells Drive and Columbus Drive

SECTION 5

# RACE DAY: START

The Bank of America Chicago Marathon begins at the intersection of Columbus Drive and Monroe Street. The race kicks off with a world-class elite field, followed by three start waves to facilitate smooth start for the thousands of runners following in their footsteps.



## SCHEDULE OF EVENTS

Grant Park opens to runners	5:30 a.m.
Gear check opens	5:30 a.m.
Start corrals open	5:30 a.m.
Wave 1 (Red) start corrals close	7:20 a.m.
Marathon Wheelchair Start (men)	7:20 a.m.
Marathon Wheelchair Start (women)	7:21 a.m.
Handcycle Start	7:23 a.m.
Wave 1 Start	7:30 a.m.
Wave 2 (Blue) start corrals close	7:45 a.m.
Wave 2 Start	8:00 a.m.
Wave 3 (Orange) start corrals close	8:10 a.m.
Wave 3 Start	8:35 a.m.

 Green team volunteers will be located at Zero Waste Stations throughout Grant Park to assist you in discarding materials into compost, recycle or landfill receptacles.

## BIB NUMBER

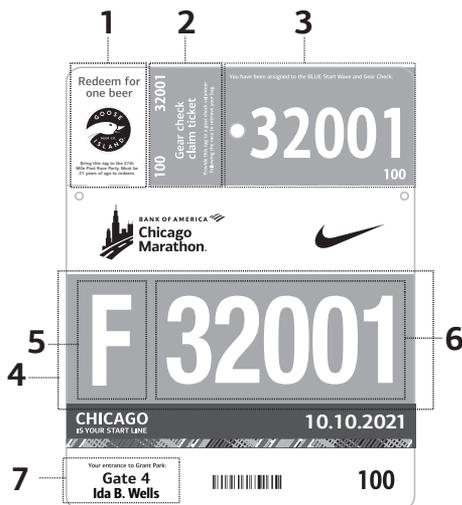
Your 2021 Bank of America Chicago Marathon bib number is a unique identifier. It must be visible and always worn on your outer layer of clothing on race day. Your bib number indicates the area of your gear check (Red, Blue or Orange) and start corral assignment (Wheelchair, American Development, A, B, C, D, E, F, G, H, J, K, L, M or N).

### Bib number guidelines:

- Your bib number must be fastened with four (4) pins to the front of your outer layer of clothing and be visible to gain access into Grant Park and your start corral.
- Your bib must be visible throughout the entirety of the race.
- Do not physically alter (cut, fold or obscure) your bib number in any way.
- Pinning your bib directly on top of a fueling belt or other running pack, especially one containing electronics, may cause a malfunction of your bib timing device.
- Fill out the back of your bib number with your emergency contact and medical information.
- Your bib number is non-transferable and must be worn only by you, the registered participant.
- The sale and/or transfer of your bib number is strictly prohibited

and will result in disqualification.

- **If your bib is altered or worn improperly on race day, you risk improper scoring and possible disqualification.**



1. **Goose Island beer ticket:** Participants age 21 and over (photo ID required) can redeem this tear-off portion of their bib number for one Goose Island beer following the race at the Abbott 27.2 Fest.
2. **Gear check claim tag:** Present this tag at your gear check tent following the race to facilitate the process of connecting you with your gear check bag.
3. **Gear check tag:** Attach this tag to your clear plastic gear check bag.
4. **Color of event bib number:** The color of your bib number indicates your gear check tent location and start wave (Red, Blue or Orange).
5. **Start corral letter:** This letter identifies your start corral assignment, (A, B, C, D, E, F, G, H, J, K, L, M, N).
6. **Unique race number:** This number is your unique race number and identifier. For this reason, your bib number is non-transferable and must be worn only by you. Transfer of your bib number is strictly prohibited.
7. **Gate entrance:** The suggested entrance gate based on your

start assignment.

*\* The 2021 Bank of America Chicago Marathon will use the MYLAPS BibTag timing device to record your net finish time. The timing device is permanently attached to the back of your bib number. Important: Do not remove the timing device from your bib or fold it in any way. Wearing your bib improperly could result in improper scoring and possible disqualification. Your time will be recorded from the point that you cross the timing mats at the start line until you cross the timing mats at the finish line.*

## GEAR CHECK

You may store small personal items or articles of clothing during the race at your designated gear check area, which is determined by your start wave: Red, Blue or Orange.

### Gear check guidelines:

- Gear check is available to participants only; spectators are not allowed in the gear check area.
- You must use your race-issued gear check bag (your clear plastic participant bag); no other bags will be accepted at gear check.
- Remove your gear check tag from your bib number and attach it to your gear check bag.
- Do not check valuable items such as wallets, money, jewelry, cell phones, cameras, music or electronic devices, etc.; the event is not responsible for lost, stolen or damaged items.
- You must show your bib number when dropping off and picking up your gear.
- Loose articles of clothing or other personal items that are not placed in your clear plastic event-issued gear check bag will not be accepted at gear check.
- All bags must be picked up by 4 p.m. on race day. Bags that are not picked by 4 p.m. will be taken to the Hilton Chicago (enter off 8th St.) where they can be picked up in person from 5 – 7 p.m.
- If you need to pick up your bag at the Hilton Chicago following the race following the race, please visit [chicagomarathon.com/lostandfound](http://chicagomarathon.com/lostandfound) to confirm that your bag is available for pickup.
- Any items unclaimed by Friday, October 29, 2021, will no longer be available.



*Step one:* Close the gear check bag by pulling on the drawstrings of the bag.



*Step two:* Fold one drawstring in half and insert through the hole in the gear check tag. Pull the drawstring through the hole to create a 3 inch loop.



*Step three:* Pull the gear check tag through the loop.



*Step four:* Hold the gear check tag and pull the drawstring of the bag, securing the tag to the gear check bag.

## WAVE START AND START CORRALS

The Bank of America Chicago Marathon features a wave start and start corral process. Your start wave is determined by your start corral assignment: Wheelchair, American Development, A, B, C, D, E, F, G, H, J, K, L, M or N). Your start corral assignment is indicated on your Packet Pick-Up Ticket and event-issued bib loop.

### Start corral guidelines:

- Your bib number corresponds with your start corral assignment Wheelchair, American Development, A, B, C, D, E, F, G, H, J, K, L, M or N).
- Your bib number must be fastened to the front of your running attire and be visible to gain access to your start corral.
- You will be granted access to your assigned start corral only.
- Wave 1 Start Corrals (American Development, A, B, C, D and E) will close at 7:20 a.m.
- Wave 2 Start Corrals (F, G, H, J and K) will close at 7:45 a.m.
- Wave 3 Start Corrals (L, M and N) will close at 8:10 a.m.
- Family and friends will not be allowed to accompany participants to the start area.

**WAVE 1 (RED)****Red Gear Check\***

Start corrals: A, B, C, D and E

Suggested arrival time: 5:30 a.m.

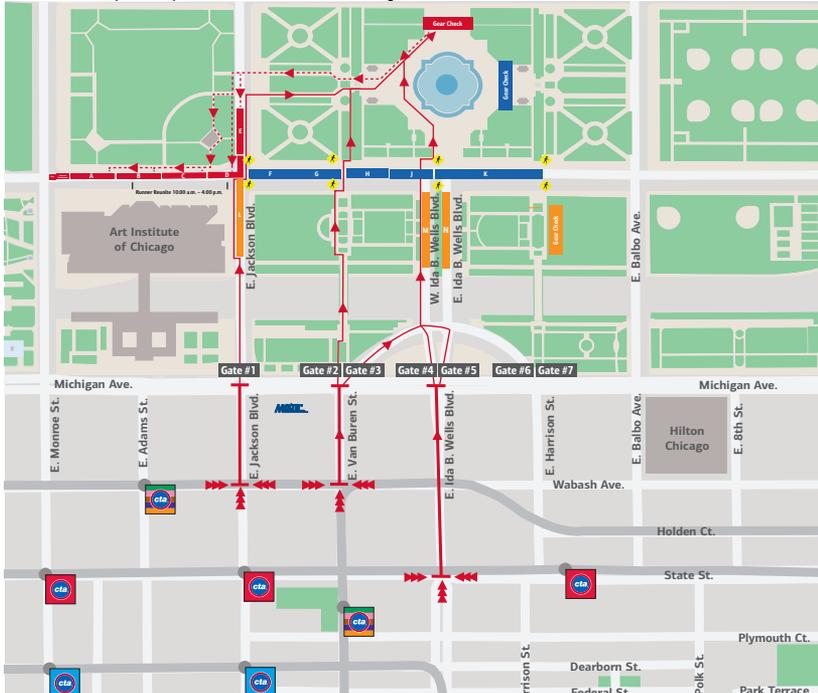
Suggested entrance gates

- Start Corral A: Entrance Gate #5 - Ida B. Wells
- Start Corral B: Entrance Gate #4 - Ida B. Wells
- Start Corral C: Entrance Gate #3 - Van Buren
- Start Corral D: Entrance Gate #2 - Van Buren
- Start Corral E: Entrance Gate #1 - Jackson

Start corrals close: 7:20 a.m.

If you are not in your start corral by 7:20 a.m. you must start at the back of your assigned wave.

Race start: 7:30 a.m.

**Wave 1 (Red) directional map**

**WAVE 2 (BLUE)**

Blue Gear Check

Start corrals: F, G, H, J and K

Suggested arrival time: 6 a.m.

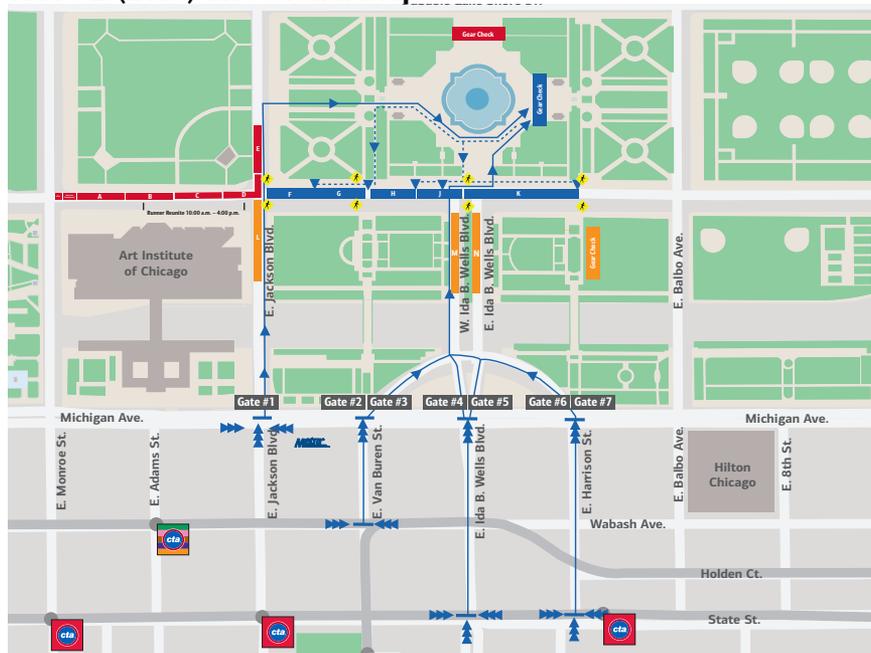
Suggested entrance gates

- Start Corral F: Entrance Gate #4 - Ida B. Wells
- Start Corral G: Entrance Gate #5 – Ida B. Wells
- Start Corral H: Entrance Gate #1 – Jackson
- Start Corral J: Entrance Gate #3 – Van Buren
- Start Corral K: Entrance Gate #5 – Ida B. Wells  
Entrance Gate #6 – Harrison

Start corrals close: 7:45 a.m.

If you are not in your start corral by 7:45 a.m. you must start at the back of your assigned wave.

Race start: 8 a.m.

**Wave 2 (Blue) directional map**

### WAVE 3 (ORANGE)

Orange Gear Check

Start corrals: L, M and N

Suggested arrival time: 6:30 a.m.

Suggested entrance gates

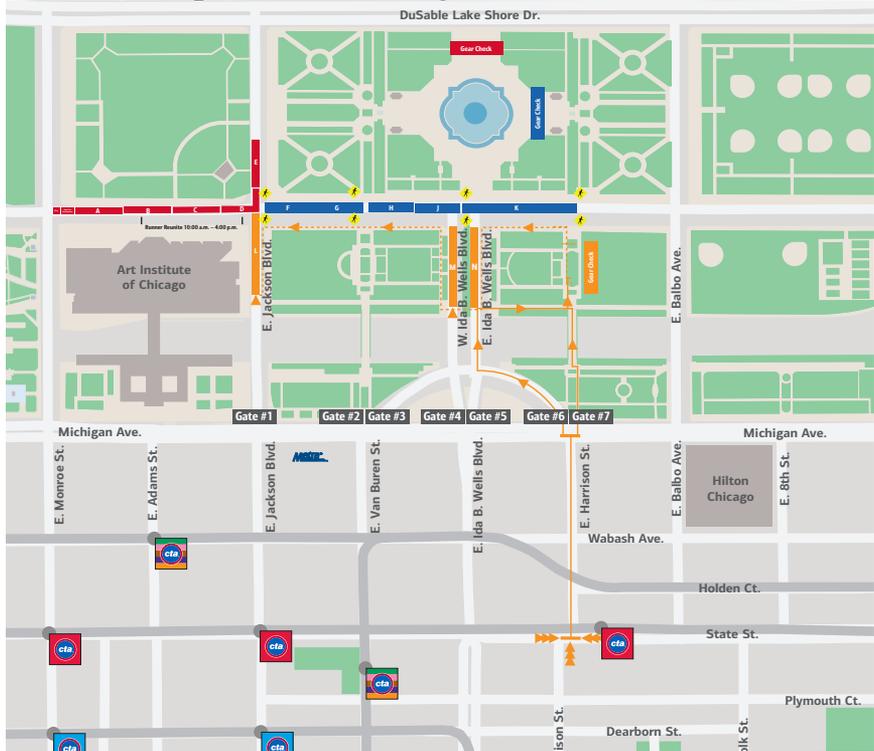
- Start Corral L: Entrance Gate #6 – Harrison
- Start Corral M: Entrance Gate #6 – Harrison
- Start Corral N: Entrance Gate #7 – Harrison

Start corrals close: 8:10 a.m.

If you are not in your start corral by 8:10 a.m. you must start at the back of your assigned wave.

Race start: 8:35 a.m.

### Wave 3 (Orange) directional map



## START LINE PROCEDURES

It will take approximately 20 – 25 minutes for the final participant from each wave to cross the start line. Please adhere to your assigned wave and the start time. Remember that your official time will not begin until you cross the timing mat at the start line. Follow directions from race officials and volunteers at all times for a safe and orderly start to the race.

 Following the start of the race, Green Team Volunteers will collect discarded clothing in and around the start corrals. All clothing collected at the start is donated to Illinois AMVETS and the Salvation Army, a Bank of America Chicago Marathon charity partner.

## CHANGING FACILITIES

For your convenience, changing facilities are available near the gear check areas in Grant Park.

## PRE-RACE FLUIDS, SUPPLIES & TOILET FACILITIES

Gatorade Endurance Formula (lemon-lime), Gatorade Endurance Carb Energy Drink, Gatorade Endurance Carb Energy Chews, Gatorade Endurance Energy Gels and water will be available prior to the race at start hydration areas. Other supplies such as Band-Aids, safety pins and skin lubricant will be available at pre-race supply tents near your assigned gear check. Toilet facilities will be positioned near start corral entryways.

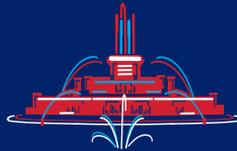
Refer to the Grant Park map for specific locations.

## SECTION 6

# RACE DAY: COURSE

The 26.2 miles of the Bank of America Chicago Marathon wind through 29 of Chicago's neighborhoods, giving participants the opportunity to see portions of the North, West and South Sides of the city.

## LANDMARKS



20 aid stations are located along the course approximately one to two miles apart. Each aid station consists of the following amenities in this order:

- Medical Tent with access to a Runner Transport vehicle\*
- Toilet facilities
- Gatorade Endurance Formula (lemon-lime flavor)
- Public address announcer
- Water

*\*Runner Transport vehicles provide non-emergency transportation back to Grant Park if a participant is unable to complete the race.*

Gatorade Endurance Carb Energy Chews will be available in Orange and Fruit Punch flavors at Aid Station 10 (Mile 13.2). One serving of Gatorade Endurance Energy Chews provides 31 grams of carbohydrate, 110mg of sodium and 120 calories.



Caffeinated flavors offered are Lemon-Ginger and Watermelon. Non-caffeinated gel flavors offered will be Mango and Apple Pear. The Gatorade Endurance Carb Energy Gel station is located at Aid Station 14 (Mile 18.2). One serving of Gatorade Endurance Non-Caffeinated Energy Gel provides 20 grams of carbohydrate, 100mg of sodium and 80 calories. One serving of Gatorade Endurance Caffeinated Energy Gel has 30 mg of caffeine.

Aid Stations 15-18 (Miles 19.5-23.5) will offer Chiquita Bananas.

Don't miss the Biofreeze Pain Relief Zone around Mile 21.2 (Cermak Road and Archer Avenue) where the Biofreeze Cooling Crew will be armed with Biofreeze spray to help Cool the Pain to get participants across finish line.

Familiarize yourself with the locations and offerings at each aid station and prepare for slower traffic in these areas. The aid stations are approximately two city blocks in length. Tables with Gatorade Endurance Formula and water line both sides of the street. Continue moving through the aid station if the first tables are too crowded to obtain fluids.

Aid station	Location	Mile	Items
1	State St. between Randolph St. and Madison St.	1.6	G, W
2	LaSalle St. between Ohio St. and Huron St.	3.2	G, W
3	Stockton Dr. north of LaSalle St.	5.0	G, W
4	Cannon Dr. north of Fullerton Pkwy.	5.8	G, W
5	Inner Lake Shore Dr. between Cornelia Ave. and Addison St.	7.3	G, W
6	Broadway between Aldine Ave. and Belmont Ave.	8.8	G, W
7	Clark St. between Belden Ave. and Webster St.	10.1	G, W
8	Wells St. between North Ave. and Burton Pl.	11.5	G, W
9	Wells St. between Grand Ave. and Hubbard St.	12.6	G, W
10	Franklin St. between Washington Blvd. and Madison St.	13.2	G, W, GC
11	Adams St. between Racine Ave. and Throop St.	14.6	G, W
12	Jackson Blvd. between Honore St. and Ogden Ave.	15.8	G, W
13	Jackson Blvd. between Sangamon St. and Green St.	17.0	G, W
14	Taylor St. between Racine Ave. and Loomis St.	18.2	G, W, GG
15	18th St. between Blue Island Ave. and Throop St.	19.3	G, W, B
16	Canalport Ave. between Halsted St. and Cermak Rd.	20.2	G, W, B
17	Wentworth Ave. between 29th St. and 31st St.	22.3	G, W, B
18	Indiana Ave. between 34th St. and 33rd St.	23.5	G, W, B
19	Michigan Ave. between 28th St. and 26th St.	24.1	G, W
20	Michigan Ave. between 18th St. and 16th St.	25.2	G, W

\*G = Gatorade Endurance Formula; W = Water; GC = Gatorade Endurance Carb Energy Chews; GG = Gatorade Endurance Energy Gel; B = Chiquita Bananas

 Zero Waste Stations in Grant Park and at all on-course aid stations will collect organic waste, including water cups, Gatorade Endurance cups, banana peels and other food scraps, which will be turned into nutrient-rich soil and donated to local community gardens.

## COURSE TIME LIMIT

The Bank of America Chicago Marathon has a course time limit of 6 hours and 30 minutes. After this time, the course will re-open to vehicular traffic. You must maintain a 15-minute per mile pace (approximately) or faster, completing the full marathon distance—start line to finish line—within the event time requirement. Those who finish outside of the time limit will not be recorded as official

finishers and may not receive full on-course support from aid stations and traffic safety personnel.

### **RUNNER TRANSPORT SERVICE**

Runner Transport vehicles provide non-emergency transportation from all 20 aid stations back to Grant Park if a participant is unable to complete the race. Runner Transport signs and volunteers wearing green vests will be located at each on-course medical tent.

### **TIMING CHECKPOINTS, CLOCKS & MILE MARKERS**

Timing checkpoints are positioned at the start line, at each 5K, at the halfway point (13.1 miles) and at the finish line. Your MYLAPS BibTag timing device will register split times at each of these checkpoints.

Digital clocks are positioned at the start line, throughout the course and at the finish line to provide the elapsed race time. Mile and kilometer markers are positioned at each mile and 5K to assist you in locating the clocks. Digital clocks at the finish line will display the elapsed race time, which begins with the start of Wave 1 (7:30 a.m.). Your individual race time may differ depending on when you cross the official start line.

### **PROHIBITED DEVICES ON COURSE**

Wheeled devices are not permitted on the Bank of America Chicago Marathon course by anyone other than a registered and authorized wheelchair, handcycle and duo team participants. Prohibited wheeled devices include non-registered wheelchairs and handcycles, baby joggers, strollers, skateboards, rollerblades and bicycles. The use of selfie-sticks, camera mounts, video devices, computers or any similar devices by anyone while participating in the event is prohibited.

Camelbaks® and any type of hydration backpack are not permitted. For the avoidance of doubt, fuel belts and hand-held water bottles are allowed. Please be aware you may be asked to empty the contents of these containers before entering Grant Park.

Music devices with headphones are permitted for use on the course; however, participants must be alert to their surroundings at all times

and must pay attention to important announcements made in Grant Park and along the course. Music devices with headphones are not permitted for use by athletes in the American Development Program.

Additional prohibited items on the course route include, but are not limited to: large bags (backpacks, suitcases and rolling bags), hard-sided coolers, costumes covering the full face (except face coverings if mandated by governmental order), any non-forming bulky outfits extending beyond the perimeter of the body, props and non-running equipment, pets/animals (except for service animals that are trained to perform specific work or tasks for a person with a disability), alcoholic beverages, illegal substances, chairs, weapons, remote controlled aircrafts and drones.

Please note, any items deemed to be dangerous or inappropriate will be confiscated at the sole discretion of security personnel.

SECTION 7

# RACE DAY: FINISH

The Bank of America Chicago Marathon finishes on Columbus Drive just north of Roosevelt Road. Within the finish area, finishers will receive Heatsheets™, medals and refreshments. After exiting, finishers can celebrate their accomplishment with friends and family at the Abbott 27.2 Fest on Butler Field in Grant Park.



## FINISH LINE PROCEDURES

For the convenience and safety of all participants, please continue moving through the finish area. No stopping or loitering is allowed at or beyond the finish line. Participants who sit or lie down in the finish area will be immediately transferred to the medical tent and will not be released until cleared by medical staff. Volunteers will be positioned just beyond the finish line within the runner recovery area to distribute Heatsheets™ and finisher medals. Once you exit the finish area, there is no re-entry.

 Heatsheets collected race day will be turned into Trex boards (a wood-alternative material) and used to make benches that will be donated to the communities impacted by the race.

## RUNNER REFRESHMENT

Refreshments will be available beyond the finish line within the Runner Refreshment area, including Gatorade Endurance Formula (lemon-lime), bottled water, Chiquita Bananas, MUSCLE MILK PRO SERIES® and a variety of other snacks. For participants aged 21 and over, Chicago's own Goose Island Beer Co. will provide complimentary 312 Urban Wheat Ale.

 Following the race, look for Michigan Apples in the Runner Refreshment area. Refuel your body with a locally sourced and healthy treat.

## RUNNER REUNITE

Connect with friends and family after the race at Runner Reunite. Alphabetical signs (A-Z) will be staged on Columbus Drive adjacent to the Abbott 27.2 Fest to facilitate meeting locations by name. When making plans to reunite with your family and friends, factor in the necessary time it will take you to navigate through the finish area and collect your bag from gear check. Also, be sure to devise a back-up plan if you cannot locate your party within Grant Park. Once you've connected, head to the Abbott 27.2 Fest to celebrate your finish.

## ABBOTT 27.2 FEST

After connecting with your loved ones, celebrate your accomplishment at the Abbott 27.2 Fest in Butler Field, near the start

line at Columbus Drive and Jackson Drive. The outdoor celebration will feature live music, food and beverages available for purchase. Participants aged 21 and over (photo ID required) can redeem the tear-off portion of their bib number for one Goose Island 312 Urban Wheat Ale, Next Coast IPA, or 312 Lemonade Shandy.

The Abbott 27.2 Fest is open to the public from 9:30 a.m. – 4 p.m., with live music beginning at 10:30 a.m. and beer ticket redemption and sales from 9:30 a.m. – 3:30 p.m.

### POST-RACE CELEBRATIONS WITH GOOSE ISLAND BEER CO.

Goose Island is proud to set the pace for race day refreshments in Chicago. Enjoy 312 Urban Wheat Ale, Next Coast IPA, or 312 Lemonade Shandy at the Abbott 27.2 Fest, in Grant Park's Butler Field, immediately after the race.



After the Abbott 27.2 Fest, continue the celebration at one of the six Goose Island Post-Race Participant Celebrations throughout the city. Be one of the first three hundred and twelve runners to arrive wearing a 2021 finisher medal, at any of the six locations, and the first 312 Urban Wheat Ale is on the house!

This year's Goose Island post-race participant celebrations will take place at:

#### **Goose Island**

##### **Tap Room**

1800 W. Fulton St.  
Chicago, IL 60612

#### **Goose Island**

##### **Brewhouse**

1800 N Clybourn Ave.  
Chicago, IL 60614

#### **Hubbard Inn**

110 W. Hubbard St.  
Chicago, IL 60654

#### **Hard Rock Café Chicago**

63 W. Ontario St  
Chicago, IL 60654

#### **Lizzie McNeill's**

400 N. McClurg Ct..  
Chicago, IL 60611

#### **HVAC PUB**

3530 N. Clark St.  
Chicago, IL 60657

 Goose Island is providing all registered participants with a branded aluminum tumbler in this year's Participant Bag. Goose Island, encourages participants to choose to reuse over single use water bottles.

Goose Island beer will be served to finishers in 16 oz commemorative aluminum cans, which are a keepsake and infinitely recyclable. Paper toppers for beer cans are used in Runner Refresh to reduce the use of plastic.

## RACE RESULTS

Unofficial race results will be available on race day at [chicagomarathon.com](http://chicagomarathon.com). The Monday, October 11 edition of the Chicago Tribune will include full race day coverage and unofficial results listings in the commemorative 2021 Bank of America Chicago Marathon section.\*



Once race results are deemed official, all official finishers will be emailed a link to download their digital finisher's certificate. All official finishers will receive a digital copy of the 2021 Bank of America Chicago Marathon results book after the event with a complete listing of results, race day coverage and photos.

*\*Due to production deadlines, the Chicago Tribune cannot guarantee but will make best efforts to include the names of all participants who finish the Bank of America Chicago Marathon in under 6 hours and 30 minutes.*

## AGE DIVISIONS AND AWARDS

Personalized engraved finisher medals will be awarded to the top five finishers in each age division listed below. Age group medals will be mailed to the winners following the official verification of all race results.

Male and Female: 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

SECTION 8

# SPECTATORS

Cheer on this year's Bank of America Chicago Marathon participants in-person along the course or from home by following TV and radio coverage of the event. Spectators can track individual runners using the Bank of America Chicago Marathon App, Powered by Tata Consultancy Services. After the race, join your participant at the Abbott 27.2 Fest in Grant Park.



## SCHEDULE OF EVENTS

### Friday, October 8

Abbott Health & Fitness Expo; Packet pick-up  
McCormick Place, West Building, Hall F2  
9 a.m. – 8 p.m.

 Visit [chicagomarathon.com/expo](http://chicagomarathon.com/expo) for more information.

### Saturday, October 9

Abbott Chicago 5K  
Grant Park (Ida B. Wells east of Michigan Ave.)  
Race start: 7:30 a.m.

 Visit [chicago5k.com](http://chicago5k.com) for more information.

### Abbott Health & Fitness Expo; Packet pick-up

McCormick Place, West Building, Hall F2  
9 a.m. – 6 p.m.

 Visit [chicagomarathon.com/expo](http://chicagomarathon.com/expo) for more information.

## SUNDAY, OCTOBER 10

### Grant Park

Marathon Wheelchair Start (men)	7:20 a.m.
Marathon Wheelchair Start (women)	7:21 a.m.
Marathon Handcycle Start	7:23 a.m.
Wave 1 Start (red)	7:30 a.m.
Wave 2 Start (blue)	8:00 a.m.
Wave 3 Start (orange)	8:35 a.m.
Spectator access to Grant Park begins	9:30 a.m.

### Abbott 27.2 Fest

Grant Park, Butler Field  
9:30 a.m. – 4 p.m.

### Runner Reunite

9:30 a.m. – 4 p.m.

## GRANT PARK SPECTATOR ACCESS

Spectators will not have access to the race start and finish areas within Grant Park on race day. These areas will be accessible only to participants displaying their event-issued bib numbers, event staff with proper credentials, and ticketed guests (where applicable). Family, friends and individuals who are not registered for the race will not be able to escort runners to the start line or greet runners at the finish line.

We recommend that spectators support runners from elsewhere on the course and meet runners after the race in designated areas within Grant Park.

The Abbott 27.2 Fest and Runner Reunite area of Grant Park will open to spectators at 9:30 a.m. To access this area, spectators must pass through security and bag screening at Entrance Gate #1 (Jackson Drive and Michigan Avenue) or Entrance Gate #4 (Ida B. Wells Drive and Michigan Avenue).

Spectator are encouraged and may be required to wear face coverings in Grant Park and along the 26.2-mile course route.

## BANK OF AMERICA CHICAGO MARATHON APP, POWERED BY TCS



The Bank of America Chicago Marathon App, Powered by Tata Consultancy Services is the perfect resource to prepare for the 2021 Bank of America Chicago Marathon. Whether you're running or spectating, the free mobile app includes everything you'll need to be prepared for a great race week experience.

The 2021 mobile app features unlimited live race day runner tracking, elite athlete profiles, live broadcast streaming, real-time weather, an interactive course map, bib share, marathon store, event photos and much more!

 Available now on the App Store and Google Play.

## WATCH LIVE

NBC 5 Chicago, Telemundo Chicago and TeleXitos will provide complete live TV coverage and live streaming of the Bank of America Chicago Marathon on Sunday, October 10 in English and Spanish. The NBC 5 Chicago, Telemundo Chicago and TeleXitos live television broadcasts will air from 7 – 11 a.m. CST and the live stream will be available at [nbcchicago.com](http://nbcchicago.com) and [telemundochicago.com](http://telemundochicago.com), on the NBC 5 and Telemundo Chicago apps, and on the stations' Roku and Apple TV channels, from 7 a.m. – 3 p.m. CST.



## LISTEN LIVE

670 The Score Sports Radio will provide complete live radio coverage of the Bank of America Chicago Marathon on race day from 7 a.m. – 11 a.m. Listen to Josh Liss and expert analysts provide a play-by-play of all the exciting action on Sunday, October 10. Download the free Audacy app to listen from anywhere.



Tune in before the race to listen to the Bank of America Chicago Marathon preview shows featuring running experts and the Chicago Marathon Executive Race Director, Carey Pinkowski. The shows will air at 7 a.m. the three Saturdays leading up to the event.

## LIVE RESULTS

See live race day results at [chicagomarathon.com](http://chicagomarathon.com). The mobile-friendly race website allows spectators to view our race leaderboard and to follow friends and family by getting real-time updates and splits every 5K.

## **PARTICIPANT ARRIVAL TIMES**

Below are the approximate times the first and last participants will pass through the listed mile markers.

### **Start to Mile 2**

Wheelchair participants: 7:20 a.m.  
Runners: 7:30 a.m. – 9:30 a.m.

### **Mile 2 to Mile 4**

Wheelchair participants: 7:26 a.m.  
Runners: 7:39 a.m. – 10:00 a.m.

### **Mile 4 to Mile 6**

Wheelchair participants: 7:32 a.m.  
Runners: 7:49 a.m. – 10:30 a.m.

### **Mile 6 to Mile 8**

Wheelchair participants: 7:40 a.m.  
Runners: 7:58 a.m. – 11:00 a.m.

### **Mile 8 to Mile 10**

Wheelchair participants: 7:45 a.m.  
Runners: 8:08 a.m. – 11:30 a.m.

### **Mile 10 to Mile 12**

Wheelchair participants: 7:52 a.m.  
Runners: 8:17 a.m. – 12:00 p.m.

### **Mile 12 to Mile 14**

Wheelchair participants: 7:58 a.m.  
Runners: 8:27 a.m. – 12:30 p.m.

### **Mile 14 to Mile 16**

Wheelchair participants: 8:05 a.m.  
Runners: 8:36 a.m. – 1:00 p.m.

### **Mile 16 to Mile 18**

Wheelchair participants: 8:11 a.m.  
Runners: 8:46 a.m. – 1:30 p.m.

### **Mile 18 to Mile 20**

Wheelchair participants: 8:18 a.m.  
Runners: 8:55 a.m. – 2:00 p.m.

### **Mile 20 to Mile 22**

Wheelchair participants: 8:24 a.m.  
Runners: 9:05 a.m. – 2:30 p.m.

### **Mile 22 to Mile 24**

Wheelchair participants: 8:31 a.m.  
Runners: 9:14 a.m. – 3:00 p.m.

### **Mile 24 to Mile 26**

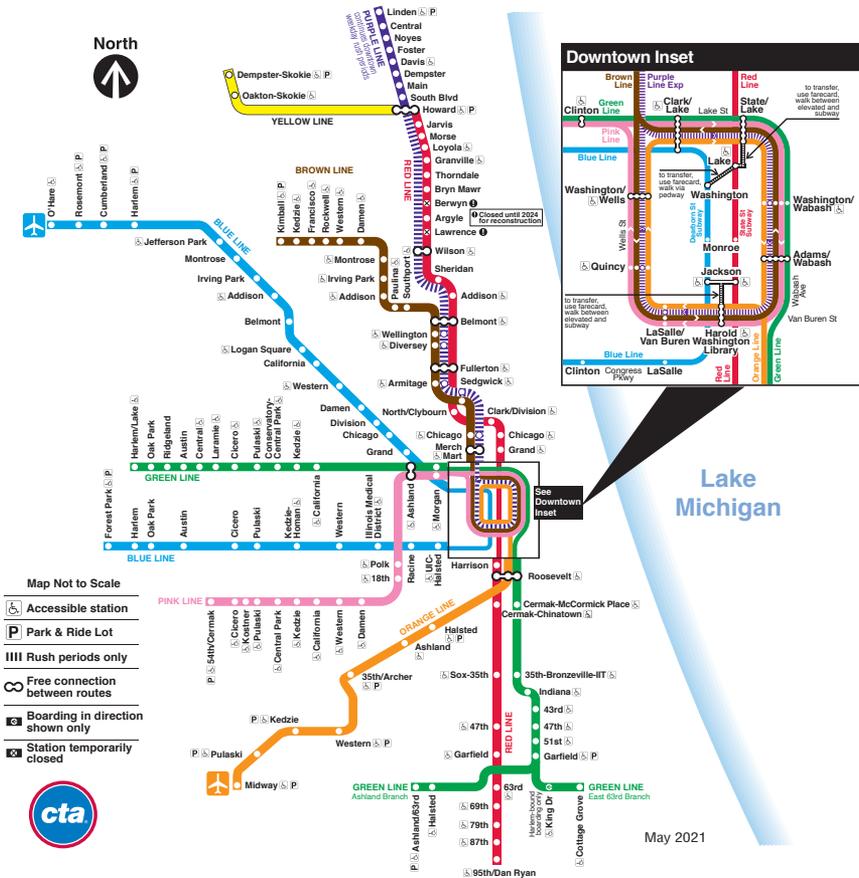
Wheelchair participants: 8:37 a.m.  
Runners: 9:24 a.m. – 3:30 p.m.

### **Mile 26 to Finish**

Wheelchair participants: 8:44 a.m.  
Runners: 9:34 a.m. – 3:35 p.m.

## **NAVIGATING THE COURSE**

Use Chicago's convenient and affordable CTA rail system to cheer on your runner from start to finish at the 2021 Bank of America Chicago Marathon. Find out your runner's planned pace per mile to estimate when they will arrive at easy-to-reach locations along the course. Spectators are encouraged to move along the course throughout the event.



### Grand Red Line Station – Miles 1, 3 and 12.5

Board a Red Line train and exit at Grand Avenue (mile 1). Walk three blocks west to LaSalle Street (mile 3) and four blocks west to Wells Street (mile 12.5).

### Monroe Red Line Station – Mile 2

Board a Red Line train and exit at Monroe Street.

### Chicago Red Line Station – Miles 3.5 and 12.25

Board a Red Line train and exit at Chicago Avenue. Walk three blocks west to LaSalle Street (mile 3.5) and four blocks west to Wells Street (mile 12.25).

**Clark/Division Red Line Station – Miles 4 and 12**

Board a Red Line train and exit at LaSalle Street (mile 4). Walk one block west to Wells Street (mile 12).

**Sheridan Red Line Station – Mile 8**

Board a Red Line train and exit at Sheridan. Walk four blocks east to Broadway.

**Addison Red Line Station – Mile 8.5**

Board a Red Line train and exit at Addison Street. Walk four blocks east to Broadway.

**Sedgwick Brown Line Station – Mile 11**

Board a Brown Line train and exit at Sedgwick Street. Walk a half-block north to North Avenue.

**Washington/Wells Brown, Pink or Orange Line Station – Mile 13.5**

Board any Brown, Pink or Orange Line train and exit at Washington/Wells. Walk one block west on Washington to Franklin.

**UIC-Halsted Blue Line Station – Miles 14 and 17**

Board a Blue Line train and exit at UIC-Halsted. Use the Halsted Street exit and walk two blocks north to Adams Street to view the runners at Mile 14 in Greektown. Or use the Halsted Street or Morgan Street exit and walk one block north to Jackson (mile 17).

**18<sup>th</sup> Pink Line Station – Mile 19.25**

Board a Pink Line train and exit at 18<sup>th</sup> Street. Walk four blocks east to Loomis Street.

**Cermak-Chinatown Red Line Station – Mile 21.5**

Board a Red Line train and exit at Cermak-Chinatown.

**Sox-35<sup>th</sup> Red Line Station – Mile 23 and 23.25**

Board a Red Line train and exit at Sox-35<sup>th</sup>. Use the 33<sup>rd</sup> Street exit (mile 23) or walk two blocks east on 35<sup>th</sup> Street to State Street (mile 23.25).

**35<sup>th</sup>-Bronzeville-IIT Green Line Station – Mile 23 and 23.25**

Board a Green Line train and exit at 35th-Bronzeville-IIT. Use the 33<sup>rd</sup> Street exit (mile 23) or 35<sup>th</sup> Street exit (mile 23.25).

**Cermak-McCormick Place Green Line Station – Mile 25**

Board a Green Line train and exit at Cermak-McCormick Place. Walk two blocks east to Michigan Avenue.

**Roosevelt (Red, Green and Orange Line) Station – Finish line**

Board a Red, Green or Orange Line train and exit at Roosevelt Road. Walk east on Roosevelt Road toward the Museum Campus/Grant Park.

**CHICAGO TRANSIT AUTHORITY**

The Chicago Transit Authority (CTA) offers an economical and convenient way to navigate the 26.2-mile course on race day.

 Visit [transitchicago.com](https://transitchicago.com) for more information.

**CTA FARE INFORMATION**

The Chicago Transit Authority (CTA) encourages all participants and spectators to purchase CTA fares in advance to avoid waiting in long lines at the airports and on race day. Purchase fares in advance at [ventrachicago.com](https://ventrachicago.com).

**Cash fare**

Accepted on CTA buses only. Exact fare (coins and bills accepted). No cash transfers available.

- Full fare: \$2.50
- Reduced fare: \$1.25 (applies to children ages 7 to 11 and customers with a valid RTA Reduced Fare Permit)

**Ventra® ticket**

Single-ride (\$3) and 1-day (\$10) Ventra tickets are available at CTA station vending machines. These disposable tickets cannot be reloaded. Single-ride Ventra tickets include one full fare and two transfers.

## Ventra Card

Purchase a Ventra Card for \$5 at Chicago Transit Authority (CTA) station vending machines, participating Ventra retail locations, by calling 1.877.NOW.VENTRA or online at [ventrachicago.com](http://ventrachicago.com). Once your card is purchased, you can register it to have the \$5 charge immediately refunded as transit value to pay for rides. Just tap and board, and full fares and transfers on CTA and Pace will be deducted from your card.

- Full fare: \$2.25 (bus); \$2.50 (rail); \$5 (from O'Hare) \*
- Full fare transfer: \$.25
- Reduced fare: \$1.10 (bus); \$1.25 (rail) (applies to children ages 7 to 11 and to customers with a valid RTA reduced Fare Permit)
- Reduced fare transfer: \$0.15

Pay for up to seven full-fare rides at once. Transfers must occur within two hours of the first ride.

You can also load transit value and passes to your Ventra Card at CTA station vending machines, participating retail locations, through the Ventra app, online or by phone. Passes offer unlimited rides on CTA buses and trains for a specified period and include 1-day: \$10; 3-day: \$20; 7-day: \$28. Passes cannot be shared.

*\* \$5 O'Hare rate applies to people paying with Ventra Transit Account pay-per-use value.*

## Ventra app

The Ventra app allows you to manage your Ventra account, add transit value or passes to your Ventra Card and buy and use Metra mobile tickets. For more information, visit [ventrachicago.com/app](http://ventrachicago.com/app).

## Bankcard or NFC-enabled mobile phone

Use your own contactless bankcard or NFC-enabled mobile phone with Apple Pay, Google Pay or Samsung Pay to tap and travel on CTA and Pace. Tap your card or phone to pay as you go. This symbol:  means your card is contactless. Transfers now available. Pay for up to 7 full-fare rides at once. Transfers must occur within two hours of the first ride.

 Visit [ventrachicago.com](http://ventrachicago.com) for more information.

## **BANK OF AMERICA SHAMROCK SHUFFLE CHEER ZONE – 8K**

Cheer on runners as they shamROCK through the Bank of America Shamrock Shuffle Cheer Zone located in Lincoln Park at the 8K mark. The Shamrock Shuffle is the kickoff to the Chicago running season and is a continuation of the city's St. Patrick's Day celebrations. Visit [shamrockshuffle.com](http://shamrockshuffle.com) for more information.

## **CHARITY BLOCK PARTY – MILE 15**

Thousands of Bank of America Chicago Marathon participants are running and fundraising on behalf of important local, national and global causes. To celebrate the impact these participants make, the Bank of America Chicago Marathon will host a Charity Block Party near Mile 15. Spectators, family and friends are welcome to cheer on their charity runners at the Charity Block Party located at Adams Street and Loomis Street near Whitney Young High School.

 Since 2002, Bank of America Chicago Marathon runners have raised over \$244 million for local, national and global causes. Visit [chicagomarathon.com/charity](http://chicagomarathon.com/charity) to learn more about the organizations in the program and how you can make a difference!

## **BANK OF AMERICA CHEER ZONE – MILE 26**

Welcome back to the city that's always up and running! Join Bank of America in supporting the return of racing in Chicago. Be a part of the excitement by bringing your noisemakers and cheer signs to celebrate and help motivate runners in their journey to the finish. The Bank of America Cheer Zone is near the finish line at Michigan Avenue and Roosevelt Road.

Connect to the Bank of America Chicago Marathon and each other at [bankofamerica.com/ChicagoMarathon](http://bankofamerica.com/ChicagoMarathon) or at [#ChicagoMarathon](https://twitter.com/ChicagoMarathon) [#UpandRunning](https://twitter.com/UpandRunning).

SECTION 9

# COMMEMORATE YOUR EXPERIENCE

Celebrate your accomplishment and commemorate your Bank of America Chicago Marathon experience with one-of-a-kind partner offerings.



## OFFICIAL NIKE MERCHANDISE

Commemorate your Bank of America Chicago Marathon experience with official merchandise offered by Nike. The official merchandise collection includes commemorative performance running and lifestyle apparel and can be purchased on [nike.com](https://nike.com) and at the following locations starting in September.



Participants are encouraged to purchase merchandise in advance of race weekend. Shipping or in-store pick-up options will be available for [nike.com](https://nike.com) purchases. Please note, official merchandise is limited and will not be available for purchase at the Abbott Health & Fitness Expo race weekend.

Official finisher merchandise will be available on Saturday, October 9, only at Nike Chicago and on [Nike.com](https://nike.com).

- Nike Chicago
- Fleet Feet Chicago locations
- Naperville Running
- Heartbreak Hill Running Company
- Last Lap Cornerstore

## COMMEMORATIVE MERCHANDISE

Commemorative merchandise for the 2021 Bank of America Chicago Marathon, including glassware, luggage tags, magnets, etc. will be sold at the Abbott Health & Fitness Expo.

## RACE PHOTOS FROM MARATHONFOTO

MarathonFoto has been the official photographer of the Bank of America Chicago Marathon for three decades. This year, MarathonFoto will have over 120 photographers strategically positioned at 15 different locations along the course and as you cross the finish line. After your big finish, pose in front of a custom Bank of America Chicago Marathon finisher backdrop and show off your medal. Photos are being processed faster than ever, so head to [marathonfoto.com](https://marathonfoto.com) and be the first to share your accomplishment. All participant event photos will be loaded to the individual runner pages in the days following the event.



 Visit [marathonfoto.com](https://marathonfoto.com) for more information.

## CHICAGO TRIBUNE COMMEMORATIVE RESULTS PACKAGE

The Commemorative Results Package, exclusively from the Chicago Tribune, is a premium keepsake section with the names and times of all Bank of America Chicago Marathon finishers under 6:30:59. Preorder now in your participant account or on the Marathon store page at [chicagomarathon.com](http://chicagomarathon.com) to receive the entire package which includes:



- The Official Bank of America Chicago Marathon Results Section
- The Sunday (race day) and Monday (post-race) editions of the Chicago Tribune featuring marathon preview and recap coverage
- A Congratulatory Print (10 in x10.5 in)
- Shipping/Handling

Own the memento that celebrates your incredible accomplishment – a newsworthy accomplishment of a lifetime.

## CITY SCENTS FLOWERS

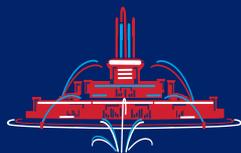
City Scents, located in the Streetville neighborhood of downtown Chicago at 209 East Ohio Street, just two blocks east of Michigan Avenue, is offering ‘Good Luck!’ and ‘Congratulations!’ floral arrangements for race participants and loved ones. Purchase online or on race day in Grant Park at four locations. City Scents also delivers to hotels and residences around Chicago, including the surrounding suburbs. Go to the Marathon store page at [chicagomarathon.com](http://chicagomarathon.com), visit [cityscents.com](http://cityscents.com) or call 312.836.0211 for more information.

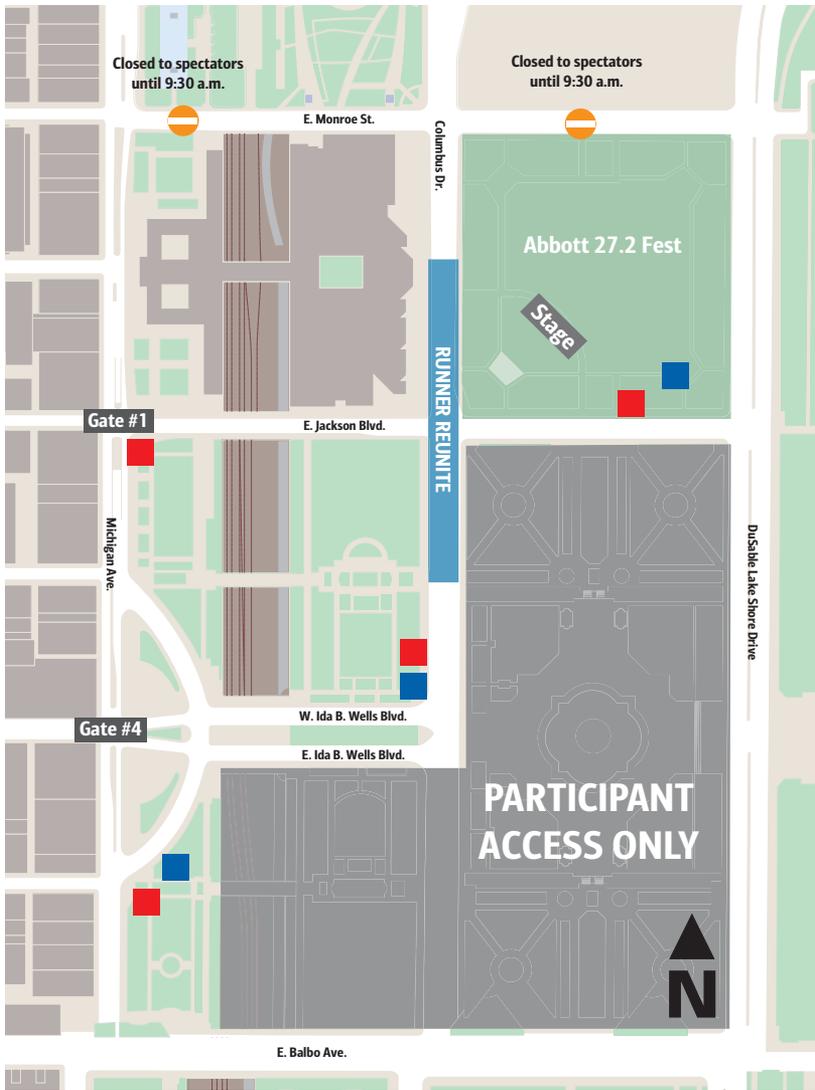
Refer to the Grant Park map for locations.

## FINISHER MEDAL iTAB

The 2021 Bank of America Chicago Marathon finisher medals are designed to be personalized with an iTAB. The iTAB is a small plate engraved with your name and official finish time which affixes to the designated area on the back of the finisher medal. Personalized iTABS will be mailed following the event.

Go to the Marathon store page at [chicagomarathon.com](http://chicagomarathon.com) to purchase a 2021 iTAB.





- Information tent
- Participant access only
- City Scents
- Runner Reunite
- ⊘ Closed to Spectators (until 9:30 a.m.)



**BANK OF AMERICA**

# Chicago Marathon

10.10.2021

chicagomarathon.com

-  Mile marker
-  Kilometer marker
-  Aid station  
Contains medical, toilets, water  
Gatorade Endurance Formula
-  Medical
-  Chiquita bananas
-  Gatorade Endurance Energy Gel
-  Gatorade Endurance Carb Energy Chews
-  Biofreeze Pain Relief Zone
-  Bank of America Cheer Zone
-  Charity block party
-  Marathon course

Course subject to change

